



First Communion

Supplemental Resources

Your Child's First Communion (Book) Luebering, Carol, St. Anthony Messenger Press, 2000. Parents are expected to take an active role in preparing their children for First Communion. Often parents are confronted with concepts which seem quite different from their own understanding of Eucharist, their own memories of First Communion day and their own hopes about what this day will mean to their child. The author draws upon experiences of family life to help parents prepare themselves to welcome a child to the Lord's table. Each chapter offers questions for reflection or discussion and passages from the liturgy of the sacrament, Scripture and the Catechism of the Catholic Church for prayerful meditation.

Learning Centers for First Reconciliation, First Eucharist, and the Whole Community (Book) Murphy, Doris Twenty-Third publications, 2007. These thirty-seven creative and formative centers for children preparing for First Reconciliation and First Eucharist share church teaching, Scripture, prayers, conversation, and a fun activity that reinforces teachings about the sacraments. She also offers eight "gatherings" for the whole community that help children experience the Learning Centers with the support of the wider parish family.

Today I Made My First Communion (Book) Ahern, Dianne, Aunt Dee's Attic, Inc., 2010. The storybook section uses the curiosity of children and a touch of who-done-it drama to help a First Communion class develop an understanding of their faith. Best friends Maria and Riley venture into the church alone and a little unsure on their way to First Communion class. As the weeks progress, their comfort grows along with knowledge of the Church and its teachings. However, they struggle to solve the Mystery of the Eucharist. It takes a devoted parish staff, a lot of prayer, and some help from above, but they do resolve the mystery and joyfully make their First Holy Communion. It includes descriptions of the Church, the Rosary, parts of the Mass, and lists familiar prayers and the commandments.

Child's Guide to First Holy Communion (Book) Ficocelli, Elizabeth, Paulist Press, 2003. A Catholic boy describes preparations for his First Holy Communion, the ceremony itself, and how it feels to be with Jesus in a special new way.

Adaptive First Eucharist Preparation Kit: For Children with Autism and Other Special Needs Loyola Press, 2012. The Adaptive First Eucharist Kit will enable many children with autism and other special needs to participate fully in their faith, children who might not be able to receive the Eucharist. Kit Includes: Helper Guide, My Picture Missal, Mass Cards (inside Picture Missal), Bless Yourself Board, Who is Jesus Card, Communion is Not the Same as Food Board, How to Receive Communion Board, I Receive Communion Book, Backpack.

Brother Francis Presents The Bread of Life (DVD) Herald Entertainment, 2011. Includes: Stories of The Last Supper, The Story of Blessed Imelda Lambertini, and (Songs: I am the Bread of Life and What More Can He Give). Join Brother Francis in this delightfully inspirational and instructive presentation that teaches children all about the sacrament of the Eucharist.

A Child's First Communion And So Much More (DVD) Liguori Publications, 2011. A Child's First Communion is all new and contains so much more--a section specifically for parents about their role in their child's faith development, guided meditations for both parents and children, and messages tailored to children and parents, as well as the brief segment from the original DVD with a second grader's visit with Jesus.

The Angel's First Communion Lesson (DVD) Twenty-Third Publications, 1999. Angel Michaela and friends talk to your students about preparing for First Eucharist : Pray every day, Pay close attention in class, go to Mass every week with your family and read stories from the Bible.

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