Adolescent Confirmation
Supplemental Resources

Years ago you made baptismal promises on behalf of your child. Now, as Confirmation approaches that child prepares to claim a Christian identity all his or her own. But how can you be sure your son or daughter is ready for such a step? What, indeed, does readiness mean at your child's age? Your Child's Confirmation will help you "sort things through" while you and your child prepare for the sacrament. Each chapter offers questions for reflection or discussion and passages from the liturgy of the sacrament, Scripture and the Catechism of the Catholic Church for prayerful meditation. This sacramental preparation resource concludes with a look at the Confirmation rite itself.

**When You Are a Confirmation Sponsor** (Book) Lytle, Julie, St. Anthony Messenger Press, 2001. Reflects on the responsibility and significance of being chosen to share your faith and personal experience with someone less familiar with the path than you. Examines briefly the Sacrament of Confirmation and its ritual celebration, identifies the ways a person comes to the Sacrament, summarizes the hallmarks of child and adolescent development, and offers suggestions for regular, consistent relationships and connections with young people. Each chapter provides questions for reflection or discussion, stories from sponsors, and passages from the liturgy of the sacrament, Scripture and the Catechism of the Catholic Church for prayerful meditation.

**Have Faith: Sustaining the Spirit for Confirmation and Beyond** (Book) Carotta, Michael, Twenty Third Publications, 2007. A unique approach to helping both candidate and sponsor prepare for the sacrament of Confirmation. It invites you to examine your spiritual callings, your commitments, the challenges of discipleship, and to develop for yourself a well-thought-out spiritual growth plan for "life after Confirmation".

**Learning Centers for Confirmation** (Book) Murphy, Doris, Twenty-Third Publications, 2009. Offers 15 creative and formative centers. At each, young people and their families share church teaching, Scripture, prayers, conversation, and fun activities that reinforce the teaching. These learning centers have been successfully used in many parishes, with excellent results, because they accommodate a variety of learning styles and offer a unique opportunity for adults and young people to learn about confirmation—together.

**Confirmation: A Commitment to Life** (DVD) Liguori Publications, 2009. Join Father Joe Kempf and a group of high school students as they prepare for—and learn about—confirmation. In a series of video vignettes, these young Catholics face the same problems as other adolescents: issues of sexuality, peer pressure, relationships, commitments, and doubts about themselves and their faith.

**Spirit and Community: Spirit Alive in Community and A Child's View of Community** (DVD) St. Anthony Messenger Press, 2001. The first of these two programs profiles a real parish, looking at the ways the Holy Spirit is visibly active in the lives of Christians when they celebrate, worship, learn and serve together as members of the Body of Christ. Father Greg Friedman, O.F.M., shares Jesus' scriptural invitation to "come and see" how the Spirit empowers us in community. The second program describes how a child can see the Spirit of Jesus Christ at work in the life of the Church, depicting various images of what it means to "be Church."

**The Sacrament of Confirmation: Past and Present** (DVD) Chesto, Kathleen O., Twenty Third Publications, 2004. Dr. Kathleen Chesto leads the viewer through the development and history of the sacrament of confirmation starting with Old Testament times to post-Vatican II. Guide material and the presentation itself offer adults a better understanding of the importance of the sacraments in today's church and world.

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