**TASK OF CATECHESIS 1 – KNOWLEDGE OF THE FAITH:** Students will explore, profess and reflect on our Catholic faith, which is the content of God’s revelation found in Sacred Scripture and Sacred Tradition and lived out in the Creed and Church doctrine.

### Essential Concepts

#### REVELATION

[1-4, 26-141, 290-315, 325-354, 702]:

Recall that God has fully revealed Himself through Jesus Christ and recognize the transmission of divine revelation continues through Apostolic Tradition.

Recognize how God freely created order, beauty and goodness out of nothing because of His great love for us.

Recognize how faith is both a gift from God and a call for us to freely respond by believing in Him, following our Church teachings and participating in the sacraments.

Recognize that natural law is how God has written a moral code on our hearts to guide our human reason to know good and to avoid evil.

Identify Scripture passages that prefigure our Sacraments, e.g., water stories; Melchizedek; manna and the pillar of light in Exodus; anointing of kings; baptism of Jesus; wedding at Cana; miracle of the loaves and fishes; Jesus’ miracles of healing and forgiving; the Last Supper; Jesus as the Bread of Life; His death and Resurrection; Pentecost; Acts; and the Epistles of Paul and James.

Recall the timeline of Salvation History from the creation and fall narratives to the covenants and prophets of the Old Testament that reaches its fullness in the Incarnation and Paschal Mystery of Jesus Christ, our Redeemer and Savior.

Recognize God’s saving love throughout Salvation History is shared with us through the presence of Christ in the Sacraments of our Catholic Church.

Identify and develop an understanding of Christ as portrayed in the Sunday Gospel corresponding to the Lectionary Cycle for the current Liturgical Year (A, B, C).

Describe the Incarnation, Paschal Mystery and Ascension of Jesus.

Read one or more of the Bible passages on the miracle of the Bread and Loaves and reflect on how Christ continues to nurture us through the Eucharist.

#### Sacred Scripture

[101-141]

#### Salvation History

[50-73]

#### Christology

[74-100, 711-720]

### Fifth Grade: Sacraments

Recall the names and roles of the three Persons of the One God in the Most Holy Trinity.

Recognize that all three persons of the Trinity are present in all of the Sacraments, e.g., at Mass the priest asks God the Father to send the Holy Spirit to consecrate the bread and wine to become the Body and Blood of Christ.

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<table>
<thead>
<tr>
<th>Essential Concepts</th>
<th>Fifth Grade: Sacraments</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>THE CREED: A Statement of Our Belief [185-1065]</strong></td>
<td>Define the term <strong>Creed</strong>, as a summary statement of beliefs that we profess as our Christian faith.</td>
</tr>
<tr>
<td></td>
<td>Recall that the <strong>Nicene</strong> Creed is generally recited at Sunday Mass and the <strong>Apostles</strong> Creed is part of the rosary.</td>
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<tr>
<td></td>
<td>Recite the <strong>Renewal of Baptismal Promises</strong> and compare these statements to the <strong>Nicene</strong> and <strong>Apostles Creed</strong>.</td>
</tr>
</tbody>
</table>
**TASK OF CATECHESIS 2 — LITURGICAL EDUCATION:** Students recognize the presence of Christ and enter into communion with Him through active, full, and conscious participation in the Liturgical celebrations and Sacraments of the Church.

<table>
<thead>
<tr>
<th>Essential Concepts</th>
<th>Fifth Grade: Sacraments</th>
</tr>
</thead>
</table>
| **EUCHARIST:** Who, How, When, and Where the Mass is Celebrated [1135-1167, 1322-1419] | Identify Eucharist as the source and summit of our Catholic faith.  
Reflect on how full, conscious, and active participation in the Eucharist opens our hearts and minds to the presence of Christ.  
Demonstrate ability to participate fully in the Eucharist with liturgical gestures and responses.  
Identify and name the sacred vessels, liturgical books, vestments and furnishings that are used during Mass.  
Sequence the order of the Mass and briefly explain major parts, including the Introductory Rites, Penitential Act, the Liturgy of the Word, the Liturgy of the Eucharist, the Concluding Rites, and Dismissal.  
Recall the term and concept of transubstantiation and its relationship with the Real Presence of Christ in the Sacrament of the Eucharist.  
Describe how the Body and Blood of Christ we receive in Holy Communion nourishes, sustains, and transforms us.  
Appreciate and participate in worship of Eucharist and during devotions outside of Mass such as Adoration and Benediction. |
| **CELEBRATION OF THE SACRAMENTS [1210-1666]:** | Read the CCC definition of sacrament and describe it in own words.  
Know that Sacraments are "efficacious"—they reveal and offer us the gift of God’s sanctifying grace.  
Recognize the great gift Christ has given to the Catholic Church through the seven sacraments.  
Articulate how the sacraments draw us closer to Jesus and prepare us for life everlasting.  
Recognize that while sanctifying the individual person through the sacraments, the communal celebration sanctifies all members of the Church through God’s action and grace.  
Describe the Seven Sacraments and categorize them into Sacraments of Initiation, Healing, and the Sacraments at the Service of Communion.  
Identify the outward signs, symbols, rite, ministers and effects of each sacrament.  
Explain the symbolism of the Baptismal Font, Paschal Candle, holy oils, and the Altar with the Sacraments of Initiation.  
Demonstrate awareness of the Rite of Christian Initiation of Adults (RCIA) process and terms such as candidate and catechumen. |

**Essential Concepts**

**CELEBRATION OF THE SACRAMENTS [1210-1666]:**

**Sacraments of Initiation [966-977, 1212-1419]**

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### Sacraments of Healing

**[979-987, 1420-1484]**

Identify the “restored order” for the Sacraments of Initiation with **RCIA** as Baptism, Confirmation and Communion.

Describe how each of the **Sacraments of Initiation** are celebrated and recognize the **effects** and responsibilities associated with them.

Identify the special blessings of the Holy Spirit received through the Sacrament of Confirmation: **Gifts of the Holy Spirit** and **Fruits of the Holy Spirit**.

Identify the two **Sacraments of Healing** and connect each with healing stories in the Gospels and from personal experience.

Describe the order and the essential elements and participate in the sacrament of Penance/Reconciliation: **examination of conscience, confession, act of sorrow**, assignment of **penance, absolution** by a priest, and completion of **penance**.

Recognize that **Anointing of the Sick** offers grace for the physical and spiritual strengthening of a person who is ill.

Describe **viaticum**, as immediate preparation for eternal life.

Recognize how each of the **Sacraments at the Service of Communion** is celebrated.

Describe how the **Sacraments at the Service of Communion** serve God, the Church, and the broader human community.

Describe how the **Sacrament of Holy Matrimony/Marriage** calls each spouse to model and to reflect the love of Christ by how they take care of each other and also are open to the gift of children.

List and describe the **degrees of Holy Orders**.

Describe how **ordained** men (**deacons, priests** and **bishops**) both represent Christ and serve as Christ’s instrument for His Church.

### Essential Concepts

**LITURGICAL RESOURCES:**

**Liturgical Calendar**

[1163-1173]

*Explain the liturgical calendar and the major liturgical seasons in their own words.*

*Know the order of the liturgical seasons and their associated colors for the liturgical year.*

*Recognize the difference between **Holy Days of Obligation, Solemnities, Feast Days**, and **Memorials** (resource: **ordo**).*

**Liturgical Symbols and Sacramentals**

[1179-1199, 1667-1679]

*Connect the **Paschal Triduum**, the three day remembrance of Jesus’ **Passion**, Death, and Resurrection, and the **Paschal Mystery** with the ministry and life of Jesus.*
Divine Office/Liturgy of the Hours
[1174-1175]

Liturgical Rites: Weddings [1621-1637]; Funerals [988-1029, 1680-1690]; and Blessings [1671-1673]

<table>
<thead>
<tr>
<th>Define <strong>sacramentals</strong>, as sacred signs (objects and actions) instituted by the Church that prepare individuals to receive grace and dispose them to cooperate with it.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discuss how <strong>sacramentals</strong> can be incorporated into one’s spiritual life: blessings, rosaries, medals, crucifixes, blessed ashes, blessed palms, and use of holy water. Recognize and name liturgical symbols and <strong>sacramentals</strong> associated with each of the sacraments.</td>
</tr>
<tr>
<td>As the teacher says, “God, come to my assistance,” make the <strong>Sign of the Cross</strong> and respond, “Lord, make haste to help me. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be forever. Amen. (Alleluia.)” [doxology].</td>
</tr>
<tr>
<td>With teacher and classmates, <strong>antiphonally</strong> recite and pray Psalm 139*.</td>
</tr>
<tr>
<td>Recognize the relationship between the <strong>Paschal Mystery</strong> and Christian funerals as the dying and rising to new life.</td>
</tr>
<tr>
<td>Recognize the <strong>Sacrament of Matrimony</strong> signifies the union of Christ and the Church, blessing the spouses with the grace to love one another and to reflect the love with which Christ loves His Church.</td>
</tr>
</tbody>
</table>
**TASK OF CATECHESIS 3 – MORAL FORMATION:** Students develop a moral conscience that is informed by Church teachings and conformed to Christ, as modeled in a personal life of virtue, and demonstrated in service of the Gospel’s demands for society.

<table>
<thead>
<tr>
<th>Essential Concepts</th>
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</tr>
</thead>
</table>
| **THE HUMAN PERSON:**  
[26-48, 1691-1876, 1928-1948]: | Recognize that all people are created by God and with a capacity to know Him, to love Him, and to respond to His will for our lives. |
| Made in the Image of God: – Foundation of Human Dignity  
[355-368, 703-706, 1004, 1700-1876] | Recognize that faith is a life-long journey, where we are strengthened by the grace of the sacraments to fulfill God’s will for our lives. |
| Made for Happiness with God, Beatitudes  
[1218-1229, 1716-1717, 2284-2291] | Recognize that the grace we receive in the sacraments prepares our souls for eternal life with God (sanctifying grace). |
| Human Freedom and Conscience Formation  
[1030-1037, 1730-1802] | Know that each human person has a soul that will live forever. |
| Define chastity and recognize how it is both a Cardinal Virtue and a Fruit of the Holy Spirit. | Understand that being made in the image of God means we have a sacred obligation to care for our entire being: body, mind and soul. |
| List and name the Beatitudes and describe how to practice them in daily life. | Define chastity and recognize how it is both a Cardinal Virtue and a Fruit of the Holy Spirit. |
| Identify the eight Beatitudes as Jesus’ teaching about the Kingdom of God and moral goodness. | Identify the four levels of happiness and how the Beatitudes help us achieve happiness through the grace of God. |
| Identify the Beatitudes as Jesus’ teaching about the Kingdom of God and moral goodness. | Discuss how authentic love is to will the good of another, which is how God and our parents love us and also the love we find in the Beatitudes. |
| Demonstrate knowledge of a method to examine conscience and recognize why they are to do this during the Penitential Act of Mass and before receiving the Sacrament of Reconciliation/Penance. | Demonstrate knowledge of a method to examine conscience and recognize why they are to do this during the Penitential Act of Mass and before receiving the Sacrament of Reconciliation/Penance. |
| Understand and explain how the Sacrament of Reconciliation, received with the right disposition, frees us from sins committed after Baptism. | Understand and explain how the Sacrament of Reconciliation, received with the right disposition, frees us from sins committed after Baptism. |
| Describe purgatory as a process after death, when those who have died in a state of grace, have all of our human imperfections cleansed so they can fully enter into the joy of God’s presence in heaven. | Describe purgatory as a process after death, when those who have died in a state of grace, have all of our human imperfections cleansed so they can fully enter into the joy of God’s presence in heaven. |
| Describe hell as the total rejection of God’s love, even to the end of life that separates us from God after death. | Describe hell as the total rejection of God’s love, even to the end of life that separates us from God after death. |
| Name the Ten Commandments and describe situations that would break a commandment (Ex 20:1-17). | Name the Ten Commandments and describe situations that would break a commandment (Ex 20:1-17). |
| Identify how the sacraments assist us in following the Ten Commandments. | Identify how the sacraments assist us in following the Ten Commandments. |
### Virtues: Cardinal and Theological

**List and describe each of the Theological Virtues and Cardinal Virtues.**

Explain how regular participation in the Sacraments of Eucharist and Reconciliation help us grow in virtue and holiness.

Describe the positive effects of making virtuous choices.

List and briefly define the Gifts and the Fruits of the Holy Spirit.

<table>
<thead>
<tr>
<th>Virtues: Cardinal and Theological [1803-1845, 2656-2662]</th>
<th>Essential Concepts</th>
<th>Fifth Grade: Sacraments</th>
</tr>
</thead>
<tbody>
<tr>
<td>List and describe each of the Theological Virtues and Cardinal Virtues.</td>
<td>Experience and describe the sacraments as both a personal and communal way of deepening our life in Christ.</td>
<td>Recognize the importance of human gender, as God created man and woman for each other and the gift of life within marriage (Holy Matrimony).</td>
</tr>
<tr>
<td>Explain how regular participation in the Sacraments of Eucharist and Reconciliation help us grow in virtue and holiness.</td>
<td>Recognize the necessary conditions for sin.</td>
<td>Describe why sin offends God and neighbor and is a failure to love.</td>
</tr>
<tr>
<td>Describe the positive effects of making virtuous choices.</td>
<td>Explain consequences of making sinful choices.</td>
<td>Recognize the difference between personal and social sin.</td>
</tr>
<tr>
<td>List and briefly define the Gifts and the Fruits of the Holy Spirit.</td>
<td>Explore the terms social sin and associate this term with a problem in our society such as poverty, hunger, and disease.</td>
<td>Recall and briefly describe the Corporal and Spiritual Works of Mercy.</td>
</tr>
</tbody>
</table>

### Essential Concepts

**THE HUMAN COMMUNITY**

[1877-1948, 2204-2213]:

- Personal and Social Sin [1846-1876]

- Catholic Social Teaching: Consistent Ethic of Life; Love of neighbor; and Corporal and Spiritual Works of Mercy [2419-2449]

- Recognize the necessary conditions for sin.

- Describe why sin offends God and neighbor and is a failure to love.

- Explain consequences of making sinful choices.

- Recognize the difference between personal and social sin.

- Explore the terms social sin and associate this term with a problem in our society such as poverty, hunger, and disease.

- Recall and briefly describe the Corporal and Spiritual Works of Mercy.

- Understand what it means to be good stewards of God's creation.

- Review Catholic Social Teaching principles and discuss how living these teachings can reduce social sin.

- Recognize how rights also come with corresponding responsibilities.

- Understand that the common good and solidarity also mean that there are times when we may have to give up what we want for the greater needs of others.

- Underst...
**TASK OF CATECHESIS 4 – LEARNING TO PRAY:** Students experience and engage in Catholic expressions of prayer to deepen their relationship with God and the Church.

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<thead>
<tr>
<th>Essential Concepts</th>
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<tbody>
<tr>
<td><strong>THE UNIVERSAL CALL TO PRAYER, IMPORTANCE OF PRAYER</strong> [2558-2758]</td>
<td>Demonstrate a reverential attitude for prayer and the value of silence in prayer. Describe ways to prepare for prayer and why prayer is essential to the life of a Christian.</td>
</tr>
<tr>
<td><strong>FORMS OF PRAYER:</strong> (Blessing/Adoration; Petition; Intercession; Thanksgiving; and Praise) [2623-2849]</td>
<td>Demonstrate the ability to identify the five forms of prayer: blessing/adoration; petition; intercession; thanksgiving; and praise. Write an original prayer using one or more of the forms of prayer. Recognize forms of prayer that are part of the Mass.</td>
</tr>
<tr>
<td><strong>EXPRESSONS OF PRAYER, PROCESS</strong> Personal and Shared; Vocal; Singing; and Meditation [2700-2724]</td>
<td>Actively participate in a variety of expressions of prayer. Write a spontaneous prayer using the “You, Who, Do, Through” format. Reflect on a Scripture passage incorporating the process of Lectio Divina.</td>
</tr>
<tr>
<td><strong>OUR FATHER: SUMMARY OF THE GOSPEL</strong> [2746-2865]</td>
<td>Recite and demonstrate understanding of the Our Father. Explain when and why the Our Father is prayed during Mass.</td>
</tr>
<tr>
<td><strong>DEVOTIONAL PRACTICES (e.g., Rosary, Stations of the Cross, Novenas, Simbang Gabi, etc.)</strong> [1200-1209, 1674-1679, 2683-2696]</td>
<td>Know by heart and recognize scriptural references for the Joyful Mysteries: Annunciation; Mary visiting Elizabeth; Birth of Jesus; Presentation of Jesus; and Finding of Jesus in the Temple (Luke 1:26-49; 2:6-12, 22-35, 41-51). Recognize the history and purpose of the Rosary. Recite the Prayer for the Souls of the Faithfully Departed and the Act of Faith.</td>
</tr>
</tbody>
</table>
### Essential Concepts

<table>
<thead>
<tr>
<th>PRAYERS WE KNOW BY HEART, EXPERIENCE AND SHARE AT MASS</th>
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</table>

### Fifth Grade: Sacraments

#### Prayers By Heart
- Joyful Mysteries
- Prayer for the Faithful Departed
- Act of Faith
- Reinforce previously learned prayers
- Jesus Prayer

#### Prayers to Experience
- Silent prayer
- Meditation
- Lectio Divina
- Rosary
- Stations of the Cross
- Prayers of blessing/adoration, praise, intercession, thanksgiving, petition
- One or more decades of the Rosary
- Our Father (Lord’s Prayer)
- Hail Mary
- Invitatory, opening for evening prayer, *Psalm 139* antiphonal style and Doxology from the Liturgy of the Hours
- Spontaneous Prayer using “You, Who, Do Through” sequence

#### Shared at Mass - Mass Responses

**The Introductory Rite**
- Sign of the Cross
- And with your spirit
- The Penitential Act/Confiteor
- Gloria

**The Liturgy of the Word**
- Responses after Scripture: Readings and Gospel
- Alleluia
- Creed (Nicene or Apostles)

**The Liturgy of the Eucharist**
- Invitation to Prayer
- Preface Dialogue
- Sanctus
- The Mystery of Faith
- Lord’s Prayer
- Sign of Peace
- Agnus Dei/Behold the Lamb of God
- Amen
- Prayer After Communion
### Essential Concepts | Fifth Grade: Sacraments
--- | ---
**THE CHURCH IN GOD'S PLAN [731-780]** | Discuss how the sacraments have developed across Church history.

Church History [464, 758-780] |  |

### Essential Concepts | Fifth Grade: Sacraments
--- | ---
**MODELS OF THE CATHOLIC CHURCH:** [781-810]: | Identify ways that the sacraments offer grace-filled opportunities to come together, to worship God, to grow in holiness, and to serve others.

People of God [781-786] | Identify how the sacraments help us serve and love the People of God that are our family (domestic Church), our Parish, the local Church (Archdiocese) and the universal Church.

Body of Christ [787-796] | Describe how the Church helps those in need as the Body of Christ and also offers us the Body of Christ through the Eucharist (1Cor 12).

Temple of the Holy Spirit [733-747, 797-801] | Recognize we are all members of the Body of Christ and are called to work together to build the Kingdom of God.


Recognize why chastity is important for our lives as Temples of the Holy Spirit and how the sacraments can help us respect our bodies.

### Essential Concepts | Fifth Grade: Sacraments
--- | ---
**THE MYSTERY AND MARKS OF THE CHURCH:** One; Holy; Catholic; and Apostolic [811-870] | List and describe each of the Four Marks of the Church: one, holy, catholic and apostolic.

### Essential Concepts | Fifth Grade: Sacraments
--- | ---
**CHRIST'S FAITHFUL—HIERARCHY, LAITY, CONSECRATED LIFE [871-945]** | Define the terms magisterium and infallibility.

Church Order: The Hierarchy and Magisterium and Infallibility [874-896] | Recognize how participation in the sacraments is included in the Precepts of the Church.

The Laity: Rights and Responsibilities [897-913, 2041] | Recognize how we share in the priestly, prophetic and kingly offices of the Church.

The Domestic Church |  

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### Vocation: Holy Matrimony/Marriage; Priesthood; and Religious Life

- Discuss how our families are **domestic Churches** and are called to pray, celebrate the sacraments and share God’s love.
- Describe how participation in the sacraments helps us lead **holy** lives.
- Identify qualities of people who joyfully live out the vocations of **Holy Matrimony/Marriage** and the **Priesthood**.
- Describe how ordained and married persons are called to proclaim, serve, and witness their faith.
- Recognize the **vocation** to **consecrated life** and provide examples of this calling.
- Describe how **prayer** and the **sacraments** can help us discern our **vocation**.

### Essential Concepts

<table>
<thead>
<tr>
<th>COMMUNION OF SAINTS [946-962]</th>
<th>COMMUNION OF SAINTS</th>
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<tbody>
<tr>
<td><strong>Fifth Grade: Sacraments</strong></td>
<td>Realize that <strong>Saints</strong> come from all walks of life.</td>
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<tr>
<td></td>
<td>Identify several <strong>Saints</strong> who devoted themselves to the sacramental life of the Church and inspire us to lead holy lives.</td>
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<tbody>
<tr>
<td><strong>Fifth Grade: Sacraments</strong></td>
<td>Describe several of the titles and symbols of Mary (e.g., Blessed Virgin Mary, Mother of God, Our Lady of Guadalupe, and Lady of the Rosary) and associate them with liturgical days that honor and celebrate her.</td>
</tr>
<tr>
<td></td>
<td>Recognize the implications of Mary’s “Yes!” to God’s will as a model for our lives (Lk 1:26-38).</td>
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<td></td>
<td>Recall the meaning of the <strong>Immaculate Conception</strong>.</td>
</tr>
</tbody>
</table>
### Essential Concepts

#### BAPTISMAL CALL AND DISCIPLESHIP (the mandate to go forth)

[816, 849]

- **Fifth Grade: Sacraments**
  - Describe *discipleship* as following Jesus and sharing the Good News of Jesus Christ (Mt 28:18-20).
  - Describe how the *grace* received in the *sacraments* can help us witness our *faith* in our daily lives.

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#### CALL TO STEWARDSHIP AND SERVICE: Catholic Social Teaching about the common good

[1905-1948, 2419-2422]

- **Fifth Grade: Sacraments**
  - Explain how our talents are gifts from God that are to be shared with others (*stewardship*).
  - List ways that our respect of the *sacredness (sanctity)* of life calls us to care for the needs of others.

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#### CALL TO ECUMENISM, INTERRELIGIOUS DIALOGUE, AND THE NEW EVANGELIZATION

[848-860, 927-933, 905, 2044, 2472]

- **Fifth Grade: Sacraments**
  - Recall the definition of *ecumenism* as the call to unity among Christian faiths.
  - Recognize the importance of respect, compassion, and prayer for understanding others who have different faith traditions or do not practice any religion.
  - Recognize that the *sacraments* are key moments that give us grace to witness our faith with others.