



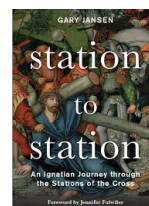
# Check It Out

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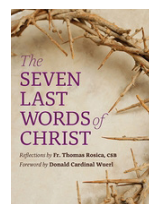
February 2017

## Resources for a Spiritual Lent

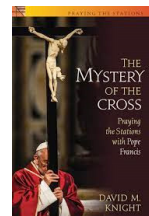
[Station to Station](#) (Book) Jansen, Gary, Loyola Press, 2016. In *Station to Station*, Jansen uses the scriptural Way of the Cross to focus our minds and hearts on Jesus' anguish and death. Walking through each station, we see the unique ways in which Jesus responded to suffering, and we are challenged to react similarly in our own struggles. Furthermore, through various Ignatian exercises, Jansen encourages us to imaginatively pray our way through the stations and to gradually respond more as Jesus would when we are weighed down by life's burdens. Whether you are bearing your own cross or helping someone else carry theirs, *Station to Station* will show you how Christ's character in the midst of suffering can, with time and prayer, become your character too. (A)



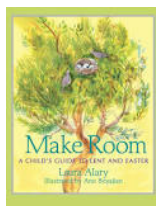
[The Seven Last Words of Christ: Reflections](#) (Book) Rosica, Thomas, Twenty-Third Publications, 2017. Preface by Cardinal Donald Wuerl. In this beautifully written book, acclaimed Scripture scholar Fr. Thomas Rosica offers reflections on the words of Jesus as he died on the cross. Interwoven with inspiration from St. Teresa of Calcutta, Pope Francis, Pope Benedict, and Pope John Paul I, these profound reflections invite us to consider our own frailties, fear of death, and thirst for justice in a modern world. (A)



[The Mystery of the Cross: Praying the Stations with Pope Francis](#) (Book) Knight, David, Twenty-Third Publications, 2016. Enter more deeply into the Passion of our Lord and the mysteries of salvation with this simple, beautiful, and powerful Way of the Cross. Starting with an inspiring quote from Pope Francis, each station leads us into one of the multiple Mysteries of the Cross: the mystery of suffering, of failure, of faith, of mission, of divine weakness, of freedom from fear, of hope in hopelessness, of vulnerable love, and more. As we walk with Jesus, each station invites us to die a little more to what holds us back and to live a little more in the way that leads to the fullness of life. (A)



[Make Room: A Child's Guide to Lent and Easter](#) (Book) Alary, Laura, Paraclete Press, 2016. While the Advent season is filled with fun and expectations, Lent can be hard for children. Its travels through frightening places, loaded with themes of self-denial and death. *Make Room* presents Lent as a special time for creating a welcoming space for God. It uniquely connects its projects to the story of Jesus. Simple and practical activities such as baking bread, having a neighbor over for dinner, uncluttering your room, and watching less TV become acts of justice and kindness, part of a life of following and imitating Christ, and a way to make room for God in our lives and in the world around us. This unique book integrates themes of hospitality and self-giving that echo Jesus' ministry, Jesus' entire life. It invites children to encounter Lent with all their senses, and to experience activities in Lent as part of a life of discipleship. (P,I,J)



[A Lenten Pilgrimage: Journeying with Jesus](#) (Book) Archbishop Sartain) Our Sunday Visitor, 2015. For many Catholics, what's at stake might be what we "give up" for Lent. Most of us know there is more to it than that, but we struggle to give the season its proper meaning. As Archbishop J. Peter Sartain writes, "As I prayed the opening prayer at Mass for the First Sunday of Lent, I realized once again how much I have to learn." Walk through the desert alongside Archbishop J. Peter Sartain, who, in his personal and pastoral style can help us make this Lent different - the Lent during which we do more than give up our favorite comfort foods and strive to give ourselves more deeply to the Lord. (A)



[New Beginning, New Hope: Holy Week through Pentecost with Pope Francis](#) (Book) Pope Francis, Our Sunday Visitor, 2014. Pope Francis' homilies and audiences from Holy Week through Pentecost reflect his joy, compassion, and love for all people, which has captivated the world. (A)



[The Significance of Ash Wednesday](#) (Video) Fr. Mike Schmitz. (Ash Wednesday is March 1st)

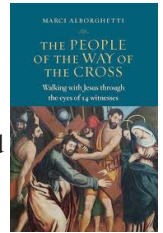
Video from Fr. Mike Schmitz:  
[The Significance of Ash Wednesday](#)  
(Ash Wednesday is March 1st)

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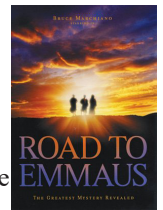


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[The People of the Way of the Cross: Walking with Jesus Through the Eyes of 14 Witnesses](#) (Book) Alborghetti, Marci, Twenty-Third Publications, 2016. In fourteen penetrating narratives, Marci Alborghetti imagines the stories behind the people who witnessed Jesus Way of the Cross. Some are historical, scriptural, or traditional figures, such as Pilate, Nicodemus, Veronica, and Dismas. Others are unnamed and anonymous, but equally compelling a soldier casting lots, a child lost in the crowd, and a slave who carries a fateful hammer. Each individual encounters Jesus in a unique way. And each is profoundly changed by the experience. Through their stories and through the prayers, action suggestions, and reflection questions we too have a powerful opportunity to enter into our Lord's Passion, to connect our lives to his, and to experience for ourselves his loving, transformative gaze. (A)



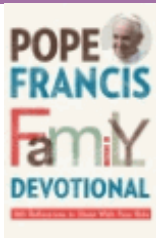
[I Believe in Easter](#) (DVD) Vision Video, 2015. Discover the origins of Easter in this thoroughly researched and emotionally charged docu-drama. Trace the history of Easter to ancient Egypt where the story finds its roots in the deliverance of the Israelites from slavery and learn how Passover symbolism is intricately woven into the events surrounding the crucifixion of Jesus Christ - The Lamb of God. Learn how the church adapted and transformed pagan tradition into the celebration of the Resurrection. See how culture, emperors, apostles and popes have influenced how we celebrate Easter today. The program features new powerfully dramatized scenes from the gospels, along with documentary footage shot in the Holy Land and at the Vatican, plus insightful commentary from church scholars and historians. (S,A)



[Road to Emmaus: The Greatest Mystery Revealed](#) (DVD) Gateway Films (Vision Video), 2009. Mourning the death of Jesus, two first-century travelers were joined by a mysterious stranger. Over the next few hours, the stranger revealed mysteries hidden in the ancient Scriptures. Soon, the purpose of Jesus' life became clear ... and the travelers' sadness turned to great joy. (S,A)



## New in the Library



[Pope Francis Family Devotional: 365 Reflections to Share with Your Kids](#) (Book) Vitz- Cherico, Rebecca, Our Sunday Visitor, 2016. Now with the Pope Francis Family Devotional, you can take a few short minutes every day to grow in faith together as a family. You'll be inspired by a quote from the Holy Father, and a simple reflection to spark discussion. Use at dinner time to guide prayer and conversation. Or at breakfast or bedtime as the perfect start or close to each day's activities. If you've been looking for a simple but structured way to add reflection and prayer into your family's life Pope Francis Family Devotional is a gift from God. (A)

[Brother Francis: The Barefoot Saint of Assisi](#) (Audio CD) Augustine Institute, 2016. Discover the astonishing life of Brother Francis, the fun-loving son of wealth and privilege who gave up everything for the sake of Christ. As a young soldier, he encountered suffering. As a victim of war, he began a search for inner meaning that would redirect his life. As a holy beggar, he embraced lepers, shook hands with the Pope, debated a Sultan, and touched the lives of millions. Now the power and passion of one of the world's most popular saints is captured in this exciting 10-part audio drama from Augustine Institute Radio Theatre. Bold and inspiring, AIR Theatre takes storytelling to a whole new level. Dozens of accomplished, award-winning actors bring characters to life, and cinematic sound and music will quicken the imagination. (J,S,A)



[Happiness, Suffering, and the Love of God](#) (DVD) Ignatius Press, 2016. Fr. Robert Spitzer, S.J. explores happiness in the revealing light of human transcendence and immortality. Beginning with the commonly held principle that different forms of happiness correspond to different fundamental human desires, Fr. Spitzer guides viewers through four distinct but related sources of happiness (pleasure, achievement, contribution, transcendence), showing how they form a hierarchy and explaining why only the highest level (transcendent happiness) will ultimately fulfill us. Along the way he presents riveting evidence for our spiritual nature from philosophy, psychology, and contemporary studies of near-death experiences and the resurrection of Jesus Christ. This is followed by an investigation into the mystery of suffering that begins with the parable of the Father of the Prodigal Son. Fr. Spitzer explains why an unconditionally loving God would allow suffering and also offers guidance on how to suffer well. Happiness, Suffering, and the Love of God provides answers to some of life's most vexing questions and dispels many popular misconceptions as it guides us towards authentic and lasting happiness. (S,A)

[Brother Francis: He Is Risen!](#) (DVD) Herald Entertainment, 2015. Join Brother Francis as he celebrates the power and splendor of the resurrection of Jesus Christ in this moving and instructive animated presentation! This episode includes: An animated presentation of key points in the life of Jesus Christ, His death on the cross, triumph over death, and ascension to the Father; A visual representation of how we celebrate Holy Week and the Easter Triduum; and more! (P,I)

