

End of Life Issues

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On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy, and their own Families (Kubler-Ross, Elizabeth) Touchstone, 1997. Denial, anger, bargaining, depression and acceptance. The five stages of grief, first formulated in this hugely influential work forty years ago, are now part of our common understanding of bereavement. The five stages were first identified by Elisabeth Kübler-Ross in her work with dying patients at the University of Chicago and were considered phases that all or most people went through, when faced with the prospect of their own death. They are now often accepted as a response to any major life change. However, in spite of these terms being in general use, the subject of death is still surrounded by conventional attitudes and reticence that offer only fragile comfort because they evade the real issues. This groundbreaking book is still relevant – giving a voice to dying people and exploring what impending death means to them, often in their own words. People speak about their experience of dying, their relief in expressing their fear and anger and being able to move forward to a state of acceptance and peace. Ideal for all those with an interest in bereavement or the five stages of grief, this book contains a new extended introduction from Professor Allan Kellehear. This additional chapter re-examines *On Death and Dying* looking at how it has influenced contemporary thought and practice.

Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying (Callanan, Maggie) Bantam Books, 1997, c1992. Through the stories in the book, the reader will come to appreciate the near-miraculous ways in which the dying communicate their needs, reveal their feelings, and even choreograph their own final moments. Gain new insight into the leave-taking process; and in the end discover the gifts-of wisdom, faith, and love-that the dying leave for us to share. (Back Cover).

Preparing for Eternity: A Catholic Handbook for End-of-Life Concerns (Champlin, Joseph M.) Ave Maria Press, 2007. "Preparing for Eternity will guide readers through the practical physical, emotional, and spiritual concerns that everyone faces at the end of life."

Here on the Way to There: A Catholic Perspective on Dying and What Follows (Shannon, William Henry) St. Anthony Messenger Press, 2005. Tackles the essential questions for all mortals. How can a mature consideration of death contribute to a richer, more complete life? How can we face the inevitable (for ourselves and others) with good sense, dignity and faith? What do we, as Catholics, believe about life after death? Sections in the book include death, dying and new life; Reflections on growing older, care of the terminally ill, bereavement; what we believe about hell, purgatory and heaven.

Pray with Me Still: Rosary Meditations and Spiritual Support for Persons with Alzheimer's, Their Caregivers, and Loved Ones (Holy Cross Family Ministries) Notre Dame, Ind. : Ave Maria Press, 2006. The Rosary has been an important prayer tool for centuries, a source of tranquility and meditative peace. Praying the Rosary offers a special comfort to people suffering with Alzheimer's or dementia and to those who love and care for them. In these pages, caregivers and loved ones will find Rosary meditations to soothe and nurture, plus meditations created especially for sharing with Alzheimer's patients, offering a way to maintain or re-establish connections. With practical insight into the spiritual lives of Alzheimer's patients, plus a guide to praying the Rosary, Pray With Me Still is an ideal resource for caregivers of those suffering with Alzheimer's.

When the Dying Speak: How to Listen To and Learn from Those Facing Death (Wooten-Green, Ron) Loyola Press, 2001. In this collection of poignant and hope-filled stories, author Ron Wooten-Green seeks to decipher the metaphorical language of the dying and stresses the importance of listening to and learning from those at the end of their earthly journeys. Drawing on his experience as caregiver for his dying wife and as a hospice chaplain, Wooten-Green gives us a glimpse of the spiritual reality known only by those nearing death and reveals the hope of eternal life.

A Catholic Guide to Caring for Your Aging Parent (Dodds, Monica) Loyola Press, 2006. A comprehensive guide for caregivers. Dodd's insists that faith is a fundamental part of caregiving, and her approach is deeply rooted in Catholic spirituality. She shows adult children how they can love and serve their aging parents better by deepening their own spiritual lives. "Caregiving", she says, "is a time of many grace-filled moments." Dodds explains how to properly assess the needs of a failing older person, and she writes in detail about the physical, mental, emotional, interpersonal, and spiritual dimensions of care. Three extensive appendices provide checklists for assessing needs, a compilation of resources, and an anthology of prayers.

Midwife for Souls: Spiritual Care for the Dying: A Guide for Hospice Care Workers and All who Live with the Terminally Ill (Kalina, Kathy) St. Paul Books & Media, 1993. Kathy Kalina, describes the physical as well as spiritual signs of the dying process in *Midwife for Souls*. She offers years of qualified experience and spiritual wisdom that will inform and comfort caregivers and loved ones. Caregivers, friends, and family members often feel unsure of what to say or do as they care for the terminally ill. This book provides insight, showing how the support of one's Catholic faith and the power of prayer can be a guide in ministering to a dying person. This book is essential reading for anyone who accompanies others to the edge of life and helps in their birthing to eternal life.

Whatever You Do for the Least of These: Ministering to Ill and Dying Children and Their Families (Fosarelli, Patricia D.) Liquori Publications, 2003. Offers concrete advice on what to do and what not to do when confronted with the sensitive and often inexplicable realities of illness, injury, and dying among children and teens.

Prayers with the dying (Philippart, David) Liturgy Training Publications, 1997. Prayer book contains a collection of prayers and scriptures for use by the dying and the family and friends who keep watch with them.

Dying Well: Peace and Possibilities at the End of Life (Byrock, Ira) Riverhead Books, 1998. Brings us to the homes and bedsides of families with whom Dr. Byock has worked, telling stories of love and reconciliation in the face of tragedy, pain, and conflict. It provides a blueprint for families, showing them how to deal with doctors, how to talk to friends and relatives, and how to make the end of life as meaningful and precious as the beginning. (Back Cover).