Handbook for Those who Grieve: What you Should Know and What You Can do During Times of Loss: a resource for family, friends, ministers, caregivers, and colleagues (Book) Auz, Martin M., Loyola Press, 2002. The sadness we feel after the death of a loved one can bring our lives to a grinding halt. This valuable resource provides practical information for people who are grieving and the people who support them. You'll find information on planning funerals, writing sympathy letters, and helping children to grieve, as well as "do" and "don't" lists for family and friends, checklists with planning details, and a comprehensive list of grief support resources.

Now and at the Hour of Our Death: Important Information Concerning my Medical Treatment, Finances, Death and Funeral (Book) Gilmour, Peter and Lysik, David A., Liturgy Training Publications, 1999. This book presents an opportunity for you to learn about some of the important medical, financial and legal issues that surround death, to reflect on those issue in light of your faith, and to make choices and preparations accordingly.


Here On the Way to There: A Catholic Perspective on Dying and What Follows (Book) Shannon, William Henry, St. Anthony Messenger Press, 2005. Tackles the essential questions for all mortals. How can a mature consideration of death contribute to a richer, more complete life? How can we face the inevitable (for ourselves and others) with good sense, dignity and faith? What do we, as Catholics, believe about life after death? Sections in the book include death, dying and new life; Reflections on growing older, care of the terminally ill, bereavement; what we believe about hell, purgatory and heaven.

After This Life: What Catholics Believe about What Happens Next (Book) Groeschel, Benedict J., Our Sunday Visitor, 2009. This book explains how consoling and uplifting the truths surrounding death, judgment, Hell, Purgatory, and Heaven really are. Father Groeschel notes that the "five mysteries" lie beyond our complete understanding. Learn to live each new day with confidence based on the mercy and love of our Savior, Jesus Christ, who spoke often of death and the Last Judgment through his parables.
Honoring the Dead: Catholics and Cremation Today (Book) Rutherford, H. Richard. Liturgical Press, 2001. Fr. Rutherford surveys the Catholic heritage behind recent cremation directives and offers a practical guide to how the cremated remains of the deceased may be present in the Catholic funeral liturgy. Honoring the Dead addresses the history, theology, and practical guidelines regarding cremation.

Blessed are Those who Mourn: Personalized Prayers of the Faithful for the Funeral Rite (Book) Michalek, George C., Ave Maria Press, 1998. Offers a variety of General Intercessions to help busy pastoral ministers plan liturgies suited to the age and state in life of the deceased. These prayers preserve a sense of the uniqueness of the individual and his or her eternal relationship with God by touching upon some specific characteristics of his or her life. The authors have composed scores of intercessions which address the circumstances of death as well as the person's relationship with family and friends, vocation, interests, ministry or service, and relationship to the faith community. An additional set of prayers is based on the readings provided in the rite for the Liturgy of the Word.

Through Death to Life: Preparing to Celebrate the Funeral Mass (Book) 3rd ed. Ave Maria Press, 2012. This comprehensive guide brings together in one place all the official liturgical texts needed for planning a Catholic funeral Mass, providing a practical tool for priests, deacons, and lay pastoral ministers as they help grieving Catholics plan the funeral of a loved one. Families can select the readings and prayers that they find most fitting and record them on an easy-to-follow selection sheet. This sheet is then passed on to the presiding priest or his designate so that he can prepare the liturgy.

Fighting Cancer with the Help of Your Catholic Faith (Book) Duquin, Lorene Hanley, Our Sunday Visitor, 2005. Cancer is a journey of physical, emotional, and spiritual pain. Get relief through pastoral explanations, personal anecdotes, techniques, and reflections to better manage the struggle or support someone else.

Grieving with the Help of Your Catholic Faith (Book) Duquin, Lorene Hanley, Our Sunday Visitor, 2006. Grieving with the Help of Your Catholic Faith gives Catholics a meaningful way to help themselves or others through this challenging time. With personal stories, reassuring prayers, and spiritual wisdom, it provides: An understanding of how grief affects and can be lightened by the heart, soul, and mind The perspective to sort through difficult physical, emotional, and spiritual feelings Positive ways to deal with sorrow Empowering wisdom for building a stronger faith Tips for providing comfort to adults, teens, and children who are grieving A perfect resource for grief support groups, clergy, lay ministers, and individuals.

Caring for the Dying with the Help of Your Catholic Faith (Book) Scalia, Elizabeth, Our Sunday Visitor, 2008. In an age where the dying are increasingly seen as a burden on society, where euthanasia is being touted by some as the moral, as well as a convenient choice this guide will provide fortitude for your journey. The rich tradition of the Catholic Church and the wisdom of others who have been through this experience before you will provide comfort and encouragement. An excellent resource for family members, friends, hospice volunteers, and other concerned caregivers.
Departures (DVD) E1 Entertainment, 2009. Daigo Kobayashi is a devoted cellist in an orchestra that has just been dissolved and finds himself without a job. He decides to move back to his old hometown with his wife to look for work and start over. He answers a classified ad entitled 'Departures' thinking it is an advertisement for a travel agency. He discovers that the job is actually for a 'Nokanshi' or 'encoffineer,' a funeral professional who prepares deceased bodies for burial and entry into the next life. While his wife and others despise the job, Daigo takes a certain pride in his work and begins to perfect the art, acting as a gentle gatekeeper between life and death, between the departed and the family of the departed.

I Will Remember You: My Catholic Guide through Grief (Children’s Book/Resource) Schuler, Kimberly B., Pauline Books & Media, 2011. Assists a child through the grieving process while helping them to honor the memory of their loved one. In child-friendly terms it addresses death, grief, and how God and our Catholic faith can help her or him through this sad time. Through thoughtful consideration, prayer, and specially designed activities, it helps children ages 7-12 understand death, funeral rituals, the grieving process, and what to expect during the first year after the loss of a loved one. Schuler gives a reassuring voice to a child's feelings of loss, and provides a safe space where hopes can be expressed and memories can be treasured.

When Families Grieve/Familias en la afliccion (Children’s Book/Resource) Sesame Street, 2010. Bilingual kit uses the power of Elmo and Sesame Street Muppets to support grieving families. It includes a DVD of a TV special with Katie Couric, the Muppets & stories of families coping with the death of a parent, a parent/caregiver guide & a kid's storybook.

After the Funeral (Children’s Book) Winsch, Jane Loretta, Paulist Press, 1995. Discusses the various feelings accompanying the death of a loved one, including sadness, grief, and the fear of death itself.


Homiletic Directory United States Conference of Catholic Bishops, 2015. Take a look at how to prepare for a homily with the Word of God (Part I) and the art and method of preaching (Part II). Get ideas on how to root a homily in the unity of Scripture, the Tradition of the Church, and teachings that have been handed down. Find solid guidance for each Sunday and feast day of the liturgical year plus weekdays, weddings, and funerals. Use the appendices for further references from the Catechism of the Catholic Church and Magisterial teachings. The Homiletic Directory is a powerful
and necessary resource for deacons, priests, and bishops—both newly ordained and seasoned preachers.


**Websites**

United States Catholic Conference of Bishops: [Bereavement & Funerals](#)

OCP: Music-Worship-Service: [Liturgy Planning Resources](#)

Archdiocese of Seattle Cemeteries: [Associated Catholic Cemeteries](#)