Dear Catechetical Colleagues,

We are looking forward to several events planned over the next few months, these include a Faith Formation Presentation and Luncheon on March 15th, the PAFF Workshop and Retreat on April 28-29th, and our Annual PAFF Conference on June 1st. More information about these events will be shared in upcoming newsletters, but please mark your calendars now!

Our "Essential Concept" this week is Made for Happiness with God- Beatitudes. The teachings of Jesus called the Beatitudes, recorded in the gospels of Matthew and Luke, are a call to a way of living that brings true happiness and peace.

Please continue to check out the Year of Mercy link on the Archdiocesan homepage for more resources and events for the Jubilee Year that will continue to grow over the next several months! We also will continue to feature some of these resources in our weekly newsletter as well.

In Christ,
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Lisa
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Upcoming Catechetical Events

Religious Education Standards Deanery Workshops
January 26, 2016: 10:30-12 I Pierce Deanery I Visitation Church, Tacoma
February 13, 2016: 10:00-3 I South Sound Deanery I St. Edward, Shelton
March 9th, 2016: I St. Charles, Burlington  (Time: TBD)
Contact Joseph Tancioco for information, registration, and scheduling a future workshop.

Liturgy Workshop Opportunities
Spread the word about these liturgical workshops, events and formation opportunities from the Liturgy Office. Please see attachments from more information.
Catholic Advocacy Day 2016
Monday, February 8, 2016 I 9:00 am to 3:00 pm I Olympia, WA. For more information and registration, visit the ipjc.org website or email CatholicAdvocacyDay2016@ipjc.org. Registration ends January 18th.

Save the Date: Jubilee for People with Special Needs
Saturday, March 12, 2016 I 11:00 am I Archbishop Peter J. Sartain, Presider
See flyer for more information

Save the Date: Faith Formation Presentation and Luncheon
Tuesday, March 15, 2016 I Chancery, Isaac Orr Conference Room I More information to come

Save the Date: Best Practices for Catechetical Leaders
April 28-29, 2016 I ABRC @ Palisades I For the Newly-Revised Parish Elementary Religion Standards I More information to come

Save the Date: Annual PAFF Conference
Wednesday, June 1, 2016 I ABRC @ Palisades I Speaker: Joe Paprocki I 9:00 am to 3:00 pm I More information to come

Formation Opportunities

Thursdays, January 14--February 4 - 7:00 pm. I St. Anne House of Prayer I 1305 First Avenue W., Seattle (near the top of Queen Anne Hill). A four-week study of the Gospel that challenges us to build a church as inclusive as Jesus with Ron Ryan, D.Min. There is no fee or registration for this event. For more information, please contact the St. Anne Parish Office at 206-282-0223.

Mindful Eating as a Spiritual Practice
Saturday, January 23 - 9:00 am - 3:00 pm I St. Anne House of Prayer I 1305 First Avenue W., Seattle (near the top of Queen Anne Hill). Savor, enjoy and be mindful of your own wisdom around spiritual and physical fullness and abundance with Carol Spangler, MS, MPH and Jane Fleming, MPM. Registration $50. For more information, please contact the St. Anne Parish Office at 206-282-0223.

"Have a Heart: Be an Angel" Auction Dinner for Cabrini Ministry Training
Saturday, Jan. 30, 2016 I 6:30 pm. Our Lady of the Lake Parish in NE Seattle. Join us for food, fun and drinks as we raise funds to support the ANGELS in our midst who offer compassionate pastoral care to those in need. Tickets are $50/person. Reservations can be made at www.cabriniministry.org.

Catechesis of the Good Shepherd Level 1 Formation Course
Presented by Joann Terranova, MAPS and Lynne Shioyama
January to November 2016 For more information, see flyer or contact Claudia Petursson at Holy Family Parish 452-822-0295, ext. 122 or claudiap@hfkparish.org
Missionary Childhood Association Christmas Artwork Contest
Twenty-four winners will be selected in the 2015-2016 Missionary Childhood Association Christmas Artwork Contest; their artwork will appear as e-greetings on the website (MCAKids.org) and displayed at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C. during Advent 2016 and through the Christmas Season. The official entry form is at MCAKids.org and at OneFamilyInMission.org. Open to young Catholics in grades K-8 in schools or parish religious education programs. Deadline is Saturday, January 31, 2016.

Multimedia Youth Contest "Caring For God's Creation" (Grades 7-12)
Annual Multimedia Youth Contest Creative work of any medium (e.g. video, song, painting, drama, poetry, etc.) is welcome! Entries within the Archdiocese of Seattle must be sent to the Missions Office by March 17, 2016.

Essential Religious Education Concepts

Made for Happiness with God-Beatitudes [1218-1229, 1716-1717]
The Essential Concepts come from the Table of Contents for the Catechism of the Catholic Church (CCC). They have been re-organized to fit under the Six Tasks of Catechesis. CCC articles numbers associated with each Essential Concept are listed throughout this document. Referencing CCC article numbers is a recommended resource for catechist preparation.

TASK 3 - Moral Formation- Students develop a moral conscience that is informed by Church teachings and conformed to Christ, as modeled in a personal life of virtue, and demonstrated in service of the Gospel's demands for society.

Implementation Ideas for the Classroom:

Annotated Bibliography from the LMC*
*Please note the Library’s Essential Concepts list is a working document, being updated on an ongoing basis.

Online Resources

Beatitudes (Loyola Press)
The Beatitudes are the teachings of Jesus in the Sermon on the Mount (Matthew 5:1-10). Jesus teaches us that if we live according to the Beatitudes, we will live a happy Christian life.

Human Dignity and the Beatitudes (Parish Resource) The most basic principle of the Christian moral life is the awareness that every person bears the dignity of being made in the image of God.

The Beatitudes: The Portrait of Happiness
Bishop Barron highlights the Beatitudes, the path of non-violence and lessons of forgiveness, care for the poor and our relationship with God as presented in the parables. Jesus' teachings are illuminated during Bishop Barron's pilgrimages to Poland, Germany, Spain and New York City. Commentaries at these sites also show how the Catholic Church is a living culture, which gives witness to the inviolable dignity of the human person.

**The Beatitudes**
We all want to be happy. The question is, "How do we make that happen?" Explore a nonconventional path to true happiness. Video from Outside da Box Productions.

**What Would Jesus Do? The Beatitudes as a Path to True Happiness**
Following Jesus in the footsteps of the saints and through the guidance of the church is the surest path to happiness. It is the sure way to become the people of God. (Ascension Press - Chosen Faith Formation Program)

**Resources from the LMC on Made for Happiness with God-Beatitudes**

*Salt and Light: The Commandments, The Beatitudes, and a Joyful Life* (Mark Shea) Offers a fresh perspective on the Ten Commandments and the Beatitudes, showing how these two pillars of Christian moral teaching complement each other. The Ten Commandments are the "ground floor," providing the bare minimum contours of the moral life. The Beatitudes, by contrast, point us to a way we can live our lives as creatures intended to share in the life of God. Mark Shea introduces the modern to a fuller grasp of Catholic moral teaching as part of the process of being transformed by the Holy Spirit and living joyfully in virtue, not merely as a rule keeper. Salt and Light reveals the commandments as showing us our brokenness and pushing us toward the Savior--and then points the reader to the way to ultimate happiness: our beatitude.

*Between Heaven and Mirth: Why Joy, Humor, and Laughter are at the Heart of the Spiritual Life* (James Martin, S.J.) Drawing on Scripture, sharing anecdotes from his experiences as a lifelong Catholic, a Jesuit for over twenty years, and a priest for more than ten, and including amusing and insightful sidebars, footnotes, and jokes, Father Martin illustrates how joy, humor, and laughter help us to live more spiritual lives, understand ourselves and others better, and more fully appreciate God's presence among us. Practical how-to advice helps us use humor to show our faith, embrace our humanity, put things into perspective, open our minds, speak truth, demonstrate courage, challenge power, learn hospitality, foster effective human
relations, deepen our relationship with God, and ... enjoy ourselves. Inviting God to lighten our hearts, we can enjoy a little heaven on earth.

**The Saints' Guide to Happiness: Everyday Wisdom from the Lives of the Saints** (Audio CD-Robert Ellsberg) The book offers a series of "lessons" in the life of the spirit: the struggle to feel alive in a frenzied society; the search for meaningful work, real friendship, and enduring love; the encounter with suffering and death; and the yearning to grasp the ultimate significance of our lives. In these "lessons," our guides are the saints: historical figures like Augustine, Francis of Assisi, and Teresa of Avila, and moderns such as Dorothy Day, Flannery O'Connor, and Henri J. Nouwen. In the course of the book the figures familiar from stained-glass windows come to seem exemplars, not just of holy piety but of "life in abundance," the quality in which happiness and holiness converge.

**The Gospel for Young People: Faith/ Hope/ Charity** (DVD) A collection of six video programs exploring the Beatitudes, the Gospels and gospel values for intermediate school-aged children. Beatitudes for Young People Part I offers dramatic scenes involving Nicky and his friends revealing the beatitudes in action. Particular attention is paid to the second, third, fourth and eighth beatitudes. Beatitudes for Young People Part II shows Nicky and his friends further revealing the Beatitudes in action, particularly the first, fifth, sixth and seventh beatitudes.

**The Beatitudes for Children** (Rosemarie Gortler) Contains eight illustrated lessons of Jesus that follow the Beatitudes, with simplified explanations and real-life applications to help encourage children to follow the Lord's instructions.

**Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids** (Carol McCloud) Through simple prose and vivid illustrations, this heartwarming book encourages positive behavior as children see how rewarding it is to express daily kindness, appreciation, and love. Bucket filling and dipping are effective metaphors for understanding the effects of our actions and words on the well-being of others and ourselves.

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**Library Media Center Resources of the Week**

**January Check It Out Newsletter**

Take a look at some of the new DVD programs for study groups recently added to the catalog. Materials are available for preview and can be reserved up to a year in advance.

**Poverty Awareness Month** - During January, join the U.S. Bishops, the Catholic Campaign for Human Development and the Catholic Community in the United States in taking up Pope Francis' challenge to live in solidarity with the poor!
**St. Francis and Pope Francis: Prayer, Poverty, and Joy in Jesus** (Alan Schreck) Alan Schreck considers the times and messages of both St. Francis of Assisi and Pope Francis, and invites you to experience the same freedom and joy that they have found in Jesus. *St. Francis and Pope Francis* brings together themes that are central to the mission of both of these men: Conversion - their stories are different but their message the same: turn to God, Prayer - union with Jesus is for everyone, Poverty - the imitation of Christ heals and restores, Church - faithfulness is the foundation for renewal, Mission - the same in every age: share the Gospel, Joy - the hallmark of Catholic life, and possible for us today. Two men separated by 800 years. One vision.

**A Place at the Table** (DVD-Home Entertainment) 50 million people in the U.S. - one in four children - don't know where their next meal is coming from, despite our having the means to provide nutritious, affordable food for all Americans. Directors Kristi Jacobson and Lori Silverbush examine this issue through the lens of three people who are struggling with food insecurity: Barbie, a single Philadelphia mother who grew up in poverty and is trying to provide a better life for her two kids; Rosie, a Colorado fifth-grader who often has to depend on friends and neighbors to feed her and has trouble concentrating in school; and Tremonica, a Mississippi second-grader whose asthma and health issues are exacerbated by the largely empty calories her hardworking mother can afford.

**Maddi's Fridge** (Lois Brandt) With humor and warmth, this children's picture book raises awareness about poverty and hunger. Best friends Sofia and Maddi live in the same neighborhood, go to the same school, and play in the same park, but while Sofia's fridge at home is full of nutritious food, the fridge at Maddi's house is empty. Sofia learns that Maddi's family doesn't have enough money to fill their fridge and promises Maddi she'll keep this discovery a secret. Filled with colorful artwork, this storybook addresses issues of poverty with honesty and sensitivity while instilling important lessons in friendship, empathy, trust, and helping others. A call to action section, with six effective ways for children to help fight hunger and information on anti-hunger groups, is also included.

**One Hen: How One Small Loan Made a Big Difference** (Katie Smith Milway) Based on a true story, tells of how a poor Ghanaian boy buys a chicken through a community loan program, which eventually helps lift him, his mother, and his community out of poverty.

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**Jubilee Year of Mercy**
Pope Francis has called the special **Jubilee Year for Mercy** to begin Dec. 8, the feast of the Immaculate Conception and the 50th anniversary of the closing of the Second Vatican Council. It will close on Nov. 20, 2016, the day celebrated that year as the feast of Christ the King.

**Brief History of Holy Years and Jubilees in the Church**
by Fr. Thomas Rosica - Salt & Light blog.

**Day of Mercy-Confessions at St. James Cathedral**
Saturday, March 5, 2016 | St. James Cathedral | One of the high points of the Year of Mercy is the Day of Mercy, when Archbishop Sartain, Bishop Elizondo, and priests from across the Archdiocese hear confessions throughout the day at St. James Cathedral. All are encouraged to participate in this celebration of the Sacrament of Mercy in the Year of Mercy.

**Archdiocesan Webpage for The Year of Mercy**
It is up and now available! Please take a look at all of the resources and current information found dedicated to the Year of Mercy. Be sure to check back often for added events and resources.

**Library Media Center Year of Mercy Resources**
Here is a printable annotated bibliography of resources available from the Library Media Center. Materials may be added to the list, so check back for new titles.

**Rediscover Mercy from Dynamic Catholic**
The Year of Mercy is an invitation—an invitation to love, kindness, and unbounded generosity. Pope Francis is offering you the opportunity to encounter the incredible mercy of God. Encountering mercy means encountering God. It can transform your life, your relationships, your work, and your ability to embrace and experience all of life. Learn more about the Year of Mercy from Dynamic Catholic

**CRS Year of Mercy Resources**
Catholic Relief Services (CRS) has developed a number of resources that illustrate how Catholics in the United States can participate in acts of mercy through CRS. Click here for details.

**Advent Moments of Mercy from Loyola Press**
Advent Moments of Mercy Jim Campbell writes daily messages to help us explore the Scripture and feast days of Advent, especially paying attention to themes of mercy and incorporating the words of Pope Francis each day. Sign up to receive the daily messages via e-mail from the First Sunday of Advent through Christmas Day.

**Archdiocese of Seattle Year of Mercy Prayer Card**
Here is a printable prayer card for use in your parish. The prayer card can be printed out using Avery 8387 labels.

**Year of Mercy App**
Our Sunday Visitor's FREE 365 Days to Mercy app, is designed to accompany you on a spiritual journey during the Jubilee Year of Mercy proclaimed by Pope Francis.

**St. James Cathedral Tours**
St. James Cathedral is inviting both parishes and school groups to set up visits for the Year of Mercy, which can be just a time of prayer and pilgrimage, or can include a guided tour as well. Corinna Laughlin claughlin@stjames-cathedral.org or 206-264-2086

Archdiocesan News

NW Catholic Movie & Book Reviews
Check NW Catholic for the latest reviews on books and movies

National Catholic Schools Week
National Catholic Schools Week starts the last Sunday in January and runs all week, which in 2016 is January 31 - February 6. The theme for the National Catholic Schools Week 2016 is "Catholic Schools: Communities of Faith, Knowledge and Service." Schools typically observe the annual celebration week with Masses, open houses and other activities for students, families, parishioners and community members. Through these events, schools focus on the value Catholic education provides to young people and its contributions to our church, our communities and our nation. (NCEA) and Archdiocese of Seattle Catholic Schools

MyUSCCB
This Week in Ministry provides timely content every week formatted for use in a variety of ways: parish bulletins, websites, E-newsletters, social media and more.

Featured This Week (Second Week of Ordinary Time): Holy Hour for Reparation and Healing for the Anniversary of Roe v. Wade. Holy hours are the Roman Catholic devotional tradition of spending an hour in Eucharistic Adoration in the presence of the Blessed Sacrament. This Holy Hour can be used for observances on the Day of Prayer for the Legal Protection of Unborn Children (January 22, 2016) or another time during the week.

To learn more about MyUSCCB and to sign up for this helpful resource, visit the USCCB website for more information.

Catechetical Weekly-NCCL
The National Conference of Catechetical Leaders publishes a weekly newsletter following the Six Tasks of Catechesis.

Featured This Week (Second Week of Ordinary Time): January - a good time to revisit your professional reading! A good place to start: read the NCCL Evangelization Committee’s first of twelve
contemporary reflections by catechetical leaders responding to and updating themes from the NCCL [Evangelizing Catechesis](#) series, originally published in 2000. Visit the committee's website to download and read both the original article by Fr. John Hurley and Joe Paprocki's updated reflection on EVANGELIZATION AND THE CATECHIST.

For archived newsletters and to learn more about this organization visit the [website](#).

### Featured Websites

#### Pope Francis' Monthly Prayer Intentions on Video
Apostleship of Prayer receives monthly prayer intentions from the Pope and urges Christians throughout the world to unite in prayer for those intentions. Beginning January 6th, each month Pope Francis will film his monthly prayer intention and it will be distributed on social media. Check back for a new video on the next month's prayer intention.

#### Liturgy Training Publications
**Virtual Training Opportunities for Teachers and Catechists (2016)**
Designed specifically for teachers and catechists, this series invites all those who work with children to engage in formation and training throughout the year.

#### Elements of the Catholic Mass Weekly Video Series
Elements of the Catholic Mass is designed to help the faithful better appreciate the beauty of the Mass. Featuring experts from the [Liturgical Institute](#), the program consists of beautifully produced weekly short videos of 2-5 minutes. These free videos will be available online and on demand. Because they will be released with a discussion guide with references, they are ideal for personal faith formation or group discussion. To see a listing of all available episodes, visit the "Episodes" page of the Liturgical Institute's [website](#).

### Catholic Publishers

- Loyola Press
- St. Mary's Press
- Our Sunday Visitor
- Ave Maria Press
- Sadlier
- Ascension Press
Helpful Links

21st Century Catholic Evangelization
Serving Catholic leaders in their ministry of evangelization with curated knowledge, approaches, strategies, and resources to reach out to those who have never heard the gospel proclaimed, to re-engage those who have lost a living faith in their daily lives, and to engage those who are faithful and need to be renewed with increased catechesis.

Garaventa Center
The Garaventa Center from the University of Portland explores and deploys the fruits of faith, reason and imagination that constitute the Catholic intellectual tradition to illuminate and enliven something that is implicit but often unregarded: the working of grace in human communities. Weekly podcasts are available by visiting the website or subscribing to their weekly newsletter.

Catechist Journey
Sharing the Journey of Teaching the Catholic Faith. Joe Paprocki's blog that features practical tips and resources on sharing the gift of the Catholic faith.

eCatechist
eCatechist.com is a blog from Dan Pierson, that provides ideas, inspiration, and learning resources for catechists, parish catechetical leaders, and parents.

NACFLAM-National Association of Catholic Family Life Ministries
In response to God's word revealed through all generations and impelled by our belief in the intrinsic sacredness of family life we, the members of the National Association of Catholic Family Life Ministers, join together to be a prophetic voice for family in Church and society, to foster professional development, and to provide mutual support for those who minister with families.

TeamRCIA
TeamRCIA.com is a free online resource for Catholic parishes and dioceses that want to form Christians for life. Offers a variety of online and in-person training for church ministers and volunteers, through webinars, e-mail courses, downloads, discussion forums, and training events led by experts in the field of initiation ministry.

Teaching Catholic Kids
Teaching Catholic Kids is a valuable tool for parents, teachers and catechists. Free downloadable activities and teacher resources are updated each month and made available from the best of Our Sunday Visitor books, workbooks and writers.

Vibrant Faith at Home
Vibrant Faith @ Home supports Christian leaders and families who are intentional about their faith and religious practice as they raise the next generation of committed Christians.

Word On Fire
Word on Fire Catholic Ministries is a nonprofit global media apostolate that supports the work of Father Robert Barron and reaches millions of people to draw them into- or back to- the Catholic faith. Word on Fire is evangelical; it proclaims Jesus Christ as the source of conversion and new life. Word on Fire is Catholic; it utilizes the tremendous resources of the Roman Catholic tradition-art, architecture, poetry, philosophy, theology, and the lives of the saints- in order to explain and interpret the event of Jesus Christ.