

Archdiocese of Seattle Faith Formation Newsletter March 27, 2017

Dear Catechetical Colleagues,

Expressions of Prayer is our "Essential Concept" of the week, which again is a very fitting topic for our Fourth Week of Lent! How we lift our hearts and voices and even our body posture in prayer all enrich our conversations with God! We have several [video](#) links, we believe you will find quite informative for your catechetical needs!

Also, for those of you looking for some Lenten materials, please check out the [Stations of the Cross](#) lesson by Jared Dees and Joe Paprocki's [Holy Week Activity Pack](#) for children.

Here are some upcoming events we are hoping you and others from your parish and school might attend:

- April 1st - [Special Needs Mass and Dance](#)
- April 8th - [Seattle Catholic Men's Conference](#)
- April 13th - [Holy Thursday Pilgrimage with Archbishop Sartain](#)
- April 29th - Cabrini Ministry "[Remembering Our Identity as Children of God](#)"
- May 2nd - Grief Support Ministry Gathering at St. Vincent de Paul Parish, 10-2:30
- June 7th - Annual PAFF Conference in [Isaac Orr](#) with [Steve Angrisano](#)

Over the next few months, we will be updating you on our **ideas to disseminate many of our Library Media Center resources**. We are still in the planning stages, but hope to have several wonderful items to give away at our **June 7th Conference!**

In Christ,

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Essential Religious Education Concepts

Expressions of Prayer-Personal and Shared, Vocal; Singing; and Meditation [2700-2724]

The Essential Concepts come from the Table of Contents for the Catechism of the Catholic Church (CCC). They have been re-organized to fit under the Six Tasks of Catechesis. CCC articles numbers associated with each Essential Concept are listed throughout this document. Referencing CCC article numbers is a recommended resource for catechist preparation.

TASK 4 - LEARNING TO PRAY - *Students experience and engage in Catholic expressions of prayer to deepen their relationship with God and the Church.*

Implementation Ideas for the Classroom:

Religious Education Standards-Essential Concepts Bibliography from the LMC*

**Please note the Library's Essential Concepts list is a working document, being updated on an ongoing basis.*

Online Resources-Links and Videos

Catechist Journey - [Three Venues of Prayer \(Forms of Prayer\)](#) (LINK)

[What is Lectio Divina?](#)



[Being Present in Prayer | Words and Actions](#)



[3MC- What is the role of the body in prayer?](#)



Resources from the LMC on Expressions of Prayer

Praying with the Body: Bringing the Psalms to Life (Roy DeLeon) Readers will find both prayer tools and companionship. Black and white drawings showing the postures and expressions of the body, accompany the scripture texts and explanations. Working together, these elements invite readers to taste, explore, and discover a new and different way of knowing God. This book is for anyone who wants a more integrated and reconciled approach to prayer. It proposes a way of prayer that, depending on your level of readiness, could influence both our interior and daily life. Its meditations and reflections connect readers to their deepest needs to be with the Beloved, to be reassured of the divine presence in our midst. They address hunger and longing for true happiness, for freedom from fear, and for deep peace.

Blessings and Prayers Through the Year: A Resource for School and Parish (Elizabeth McMahon Jeep) Provides prayers and blessings for feast days, holidays, special events, and other occasions that arise in both school and parish life. Includes two CD's, one with vocals to teach the songs and the other with musical accompaniment only. Also included are song pages with words and music.

Oremus: A Guide to Catholic Prayer (DVD, Ascension Press) In this eight-part DVD series, Fr. Mark Toups guides you through the simple, yet profound steps to an effective and fruitful prayer life. You will discover how God speaks to you, even in the smallest encounters. Following the Tradition of the Catholic Church and the wisdom of the saints, you will learn how to express yourself to God in prayer, and how to hear his voice.

Kids and Prayer (DVD, Paraclete Press) Four segments on prayer include explanations from Br. Mickey, interviews with kids, onscreen storyboard Bible teaching featuring Br. Mickey's illustrations, and "on the road" field trips to look at each question from a different angle. Your class will enjoy paying attention to this engaging instruction! Please note: For the five forms of prayer, the video omits blessing/adoration and adds confession which is actually part of Petition (CCC 2629-2631).

Looking for an archived newsletter? Check this [link](#) for all previous editions.

Library Media Center Resources

Resource Lists

The Library Media Center has several of the materials listed available. Contact the [library](#) to request items. Our [online catalog](#) is also available to search for materials.

Lenten Resources

Holy Week Resources

Holy means "set apart." Christians set apart an entire week - Holy Week - to recall the events surrounding the suffering, Death, and Resurrection of Jesus. Find information and activities for Palm Sunday, Holy Thursday, Good Friday, and Holy Saturday.

He Arose- Video from Igniter Media. Experience the moments leading up to the crucifixion in a way that makes the Easter story, frozen in time, more real today.

Virtual Stations of the Cross by Busted Halo

These stations relate to Jesus' teachings about the Kingdom of God and the reason his vision of this Kingdom led to his death. Find a quiet place to watch these stations, and as you do the devotions be open to how God is speaking to you through the Stations of the Cross.

Spring, Love, and Lent - Apostleship of Prayer Lenten video reflection

New Projects for Lent -Lenten lesson ideas for Third Graders

Pope Francis' Message for Lent -Message of His Holiness Pope Francis for Lent 2017

Lenten Resources for Catechists- Here are links to the various Lenten resources that we have to offer. We hope they are helpful to you as we journey together through this holy season!

[Video Collection for Reconciliation & Lent](#) A short list of additional links to some great videos for Lent and Reconciliation.

[25 Great Things You Can Do for Lent \(Besides Giving Up Chocolate\)](#)

Challenge yourself this year, and go beyond the usual practice of "giving up" something. Now is a great time to take stock of your spiritual life and to grow in it. Not sure where to start?

[A Lenten Journey with ODB Films \(formerly Outside Da Box\)](#)

Beginning Ash Wednesday, ODB invites you to participate in a unique Lenten experience. Encounter Christ during this 7-week journey through artfully made, spiritually rich short films, questions for personal reflection, and Scriptures for meditation.

[Helping Families Celebrate Lent](#)

We spend hours planning activities and celebrations that we hope will impact the families we serve. The reality may be sobering. Sometimes we plan too much. Do families really care about the season of Lent, and all of its signs and symbols, all of its opportunity and potential? What can we do to help the families in our charge get the most out of this sacred time without overwhelming them with the choices?

[From Passion to Pentecost: A Lenten Reflection \(Webinar\)](#)

"Were you there when they crucified my Lord . . .?" This familiar hymn is a staple in many churches on Good Friday. Have you ever thought about those who would have answered "yes"? What would Mary Magdalene or Simon of Cyrene tell us about their heartbreaking experiences and the aftereffects on their lives of faith? Join Kathy Hendricks for a meaningful Lenten webinar in which we'll reflect upon six witnesses of Jesus's Passion and Death and the connections each one makes to our own experience. For more information, click [here](#)

[Teaching Second-Graders the Beauty of Lent-](#)

The beauty of Lent offers a time for the Church to relive salvation history. By practicing the penitential disciplines of prayer, fasting, and almsgiving, many adults savor this transformative season. But how does an untrained teacher who meets only briefly with her wiggly second-grade faith formation class communicate the beauty and relevancy of Lent in language they can understand? The short answer: by acting out Christ's desert experience in a way that highlights how fasting, prayer, and almsgiving give us strength as we walk with the Lord.

[Maryknoll Lenten Reflection Guide 2017-](#)

Contains reflections, questions, prayers, and actions based on each week's Gospel reading and the written reflections and recorded discussions by the 83 Catholic peacemakers who attended the Nonviolence and Just Peace conference in Rome in April 2016. Lent offers us all a special opportunity to grow in our relationship with God and to deepen our commitment to a way of life, rooted in our baptism. Use this guide individually or in small groups to reflect upon our life patterns, to pray more deeply, and renew our spirits to face the realities of our world.

Library Media Center February [Check It Out](#) newsletter-*NEW LENT RESOURCES* and items added to the catalog-new DVDs and books!

Upcoming Catechetical Events

Liturgy Workshop Opportunities

Spread the word about these liturgical workshops, events and formation opportunities from the Liturgy Office. Please see the Liturgy Office [Workshop & Events](#) page for more information.

Seattle Catholic Men's Conference: Iron Sharpens Iron 2017

Saturday, April 8, 2017 | St. Pius X Church, Mountlake Terrace | We invite men of all ages and ethnic backgrounds to build up their families through prayer and sacrificial action. By sanctifying all attendees may the Holy Spirit put its leaven of truth and love into the culture of the Pacific Northwest and the world. For more information and to register, click [here](#).

Installation and Dedication of Stained Glass Windows

Saturday, April 22, 2017 | 1:00 pm | St. Edward Church, Shelton | The installation of Stained Glass Windows Honoring [Princess Angeline](#) (Catholic daughter of Chief Sealth), Father Blanchet and the Squaxin Island and Skokomish Tribes.

Sacred Songs with Dan Schutte

Saturday, April 29, 2017 | 7:30-9:00 pm | St. Cecilia Church, Bainbridge Island | For more information, contact Terry Markuly: 206-842-3594 or tmarkuly@saintparish.org. View the [flyer](#) for more details.

Cabrini Ministry: Remembering our Identity as Children of God Workshop

Saturday, April 29, 2017 | 9:30-1:00 | St. Bridget Church, Seattle | Facilitated by Dr. Brian DesRoches. In Scripture, Jesus invites us the call upon the Holy Spirit to "remember all that I have told you." Come learn what the Bible and the Catechism have to say about our identity as children of God and explore practical steps offered by spiritual neuroscience to remember and live out that spiritual identity. \$25 suggested donation. For more information, click [here](#).

Annual PAFF Conference

Thursday, June 1, 2017 | Isaac Orr Conference Room, Chancery Bldg. | 9:00-3:00 | Presenter: Steve Angrisano | *More information to come!*

Formation Opportunities

Foundations of Our Catholic Faith - CCP Program

This program includes Scripture, Theology, Catechetics, and Church History to support the Church's mission to evangelize. FOUNDATIONS...provides an opportunity to hear the Gospel message, understand the Church's teachings, and grow in the fullness of what it means to be a disciple of Christ. For class schedules, registration and more, visit the CCP [webpage](#).

Guatemala Immersion for Religious Educators **(Extended Due Date!!)**

June 14-22, 2017- Discover Christ in our Guatemalan sisters and brothers. Every day, these neighbors of ours from Central America make the perilous journey into the United States. Deepen your faith and enliven your ministry through encounter with their hopes, joys, and struggles. Meet and learn from the lay and religious missionaries walking with them, and discern how you can invite your own community into a spirit of encounter with our sisters and brothers on the margins, in Guatemala and here in western Washington.

Applications due APRIL 1st! For complete information and to apply, [click here](#).

A Parish Built to Last Retreat for Pastors and Faith Formation Directors

June 30-July 2, 2017 | Led by Fr. Bill Watson, SJ. | ABRC@Palisades, Federal Way | Built to Last is the most fully resourced parish Ignatian program available today. *Forty Weeks and the Whole-Life Confession* help parishes accomplish what Sherry Weddell did in her important book, *Forming Intentional Disciples*, which says it is needed for activating the new evangelization that Popes from St. John Paul II to Francis has been calling individual Catholics and parishes to make a reality. This evangelization retreat will include the theological and spiritual components of *Forty Weeks* and *The Whole-Life Confession* presented by Fr. Watson. It will also include presentations from laity and clergy from Seattle Archdiocesan parishes who have been successfully implementing the both programs in their parishes. For more information and to register, click her

Mass & Celebration with our Community with Special Needs

Saturday, April 1, 2017 | Mass: 11:00 am | St. James Cathedral, Seattle | Reception and Spring Dance to follow Mass at O'Dea High School, Seattle. For more [information](#), contact Erica Cohen Moore 206-382-4852 | ericac@seattlearch.org

Annual VIVA! Weekend Retreat

Saturday & Sunday, May 6-7, 2017 | St. Placid Priory, Lacey | A weekend retreat for single Catholic women (20-40 yrs.) who are seeking the meaning of life by exploring a call to live the Consecrated Life as a vowed Sister. Register by April 28th for early registration. For complete information, click [here](#) for the flyer.

Cornerstone Catholic Conference: Together for Life and Justice

October 20-21, 2017 | Tacoma | [Save the date!](#)-More information and registration details will be available in the coming months.

2016-2017 Retreat Calendar

There are many opportunities for retreats at the Archbishop Brunett Retreat Center at the Palisades. Please take a look at the retreat schedule and see what great retreats are coming up! To learn more about the Retreat Center, click [here](#).

Grief Support Ministry

Listed in this section are some upcoming events and resources that are occurring in the specified parishes related to grief support. As new events and resources become available, they will be added to this section. *Please let us know if there are related events happening around the Archdiocese that should be shared here.*



Healing Ministry for Divorced Catholics

Beginning Tuesday, March 7th, the parish will offer a 12 week DVD and discussion program called "*The Catholic's Divorce Survival Guide*". Many people find themselves stuck in pain and anger after the breakdown of their marriage, but the church is here to help. The group facilitator will guide you and others who are separated or divorced through the DVDs in a private, confidential group support environment. Contact Diane Boggs 360-823-2828, diane@stjoevan.org.

St. Louise, Bellevue

Bereavement Support Ministry - Our mission is to support the grieving process after the death of a loved one. This is achieved with one-on-one contact and a monthly support group which includes prayer, sharing our stories and learning from one another. Meetings are on the **3rd Tuesday of each month at 7PM** in the Parish Center. Contact Kathy Riley at 425-4450-x5466 or Kathy@stlouis.org

Beginning Experience Program

Beginning Experience - Divorced, Widowed or Separated? If you are ready to deal with the grief of being widowed, divorced or separated, there is help. As a faith-based organization, *Beginning Experience* offers men and women the opportunity & skills to build deeper self respect, to cope with the pain of loss, and to move into the future with renewed hope. Join us for a weekend away for a lifetime of change - available twice a year, in April & October. This coming Spring's Puget Sound area weekend is **Friday to Sunday, March 31 to April 2, 2017** at historic Carnation Farms in Carnation, WA. Please call Chris, our Beginning Experience Registrar, at (253) 223-2645 for more information and a brochure.

St James Cathedral, Seattle

Grief Support Group-meets Wednesdays, January 25-March 1, 2017. The grieving process has no timeline and is unique to each individual, but meeting with others who are going through a similar experience can provide support and help us cope. You are invited to join a new 6-week grief support group facilitated by St. James Cathedral Staff- Nancy Granger, Suzanne Lee, and Rosanne Michaels

St. John the Baptist, Covington

Grief Ministry- meets every 2nd Weds at 7 PM, providing compassionate and confidential support to parishioners and families who have suffered a loss. Various tools are provided that will help manage the grieving process, fostering hope through faith, prayer, and fellowship, with God's love and grace as our guide. Meetings are open to anyone in the Archdiocese. (Richard: 949.290.8670, Page: 253.569.5326, or Frank: 425.241.9190)

St. Michael Church, Olympia

Bridge of Hope Grief Support Ministry-8-week group meetings where those who are grieving come together to pray, learn and share with each other.

Archdiocesan News

OYYAE Website

Announcing the official launch of oyyae.org, their new online home! Feedback is welcome and encouraged! Please let us know how we can improve this new home, as well as serve you better.

NW Catholic App

The NW Catholic App is now available! [Download](#) it for Apple or Android.

NW Catholic Movie & Book Reviews

Check NW Catholic for the latest reviews on [books](#) and [movies](#)

MyUSCCB

This Week in Ministry provides timely content every week formatted for use in a variety of ways: parish bulletins, websites, E-newsletters, social media and more.

Featured This Week (Fourth Week of Lent) Lectio Divina for the Fourth Sunday of Lent This lectio divina guide for the fourth Sunday of Lent can help one meditate, contemplate, and pray on one's personal call to a renewal of life this Lenten season.
[English](#) [Spanish](#)

Prayer: The Easy Out for Lent Jeannine Marino, an assistant director of the USCCB Secretariat of Evangelization and Catechesis, offers some simple ideas for keeping a commitment to prayer during Lent.

To learn more about MyUSCCB and to sign up for this helpful resource, visit the [USCCB](#) website for more information.

NCCL-Catechetical Update



A 4-Day Journey through Transformational Encounters...

Monday, May 22 - Contemplation - Personal Transformation

Tuesday, May 23 - Imagination - Prophetic Communal Transformation

Wednesday, May 24 - Vision - Articulating a Catechetical Future

Thursday, May 25 - Missionary - Leadership for the World

[Learn more about the Transformative Leadership theme for #NCCL2017 here.](#)

The Joy of Adolescent Catechesis, developed over the past three years by the Partnership for Adolescent Catechesis, has been contributed to by members of all three partnering organizations (NFCYM, NCCL, and NCEA) and is scheduled to be published in mid-April through NCEA. The thirty page document puts forth a vision and outcomes of adolescent catechesis and examines some of the foundational elements necessary for successfully forming young people to serve as missionary disciples in the world. The document also contains over twenty -five reflection questions for leaders and catechists to use as a means of discussing, applying, and integrating the principle points highlighted throughout the document. A complimentary copy of the resource will be sent to all bishops and diocesan offices upon publication, and additional copies will be available for sale online through NCCL for \$12 each. A culturally sensitive Spanish translation will also be available this spring and can be purchased along with the English version, as a pdf download for \$10. At #NCCL2017, membership will hear more about this document during a daily Membership Assembly.

To learn more about this organization and view their resources, visit the [website](#).

Featured Websites

CRS-Catholic Relief Services

Responding to the Refugee Crisis The refugee crisis continues, we remain challenged as people of faith to nourish refugees' hope for the future. The resources below can be used to help involve faith communities take up Pope Francis' charge by praying, learning, acting and giving to support those in need.



Fr. Mike Schmitz Podcast

Fr. Mike's popular Ascension Presents video series in audio form, so that you can listen on the go.

V ENCUENTRO

What is the Goal of the [V Encuentro](#)? The main goal of the V Encuentro is to discern ways in which the Church in the United States can better respond to the Hispanic/Latino presence, and to strengthen the ways in which Hispanics/Latinos respond to the call to the New Evangelization as missionary disciples serving the entire Church.

To learn more, get parish resources and watch a video with a special message from Bishop Elizondo, check out the [Archdiocese of Seattle's V National Encuentro of Hispanic/Latino Ministry page](#).

Liturgy Training Publications

[Virtual Training Opportunities for Teachers and Catechists \(2017\)](#)

Designed specifically for teachers and catechists, this series invites all those who work with children to engage in formation and training throughout the year.

Pope Francis' Monthly Prayer Intentions on Video

Apostleship of Prayer receives monthly prayer intentions from the Pope and urges Christians throughout the world to unite in prayer for those intentions. Each month Pope Francis will film his monthly prayer intention and it will be distributed on social media. Check back for a new video on the next month's prayer intention.



Support for
Persecuted Christians

Word On Fire Show

A weekly podcast from Bishop Robert Barron on faith and culture. Each week, the [Word On Fire](#) Show will release a new episode featuring Bishop Barron and our Content Director, Brandon Vogt. To learn more information and find out how to subscribe (iPhone, Android, PC, etc.) to this great resource, click [here!](#)



Catholic Publishers

[Loyola Press](#)

[St. Mary's Press](#)

[Our Sunday Visitor](#)

[Ave Maria Press](#)

[Sadlier](#)

[Ascension Press](#)

[RCL Benziger](#)

[Lighthouse Catholic Media](#)

[Ignatius Press](#)

Helpful Links

[NFCYM-Strong Catholic Families, Strong Catholic Youth](#)

A collaborative effort by four national Catholic organizations to help church leaders envision how the Catholic Church can more effectively partner with parents to help bring home the faith.

[21st Century Catholic Evangelization](#)

Serving Catholic leaders in their ministry of evangelization with curated knowledge, approaches, strategies, and resources to reach out to those who have never heard the gospel proclaimed, to re-engage those who have lost a living faith in their daily lives, and to engage those who are faithful and need to be renewed with increased catechesis.

[Catechist Journey](#)

Sharing the Journey of Teaching the Catholic Faith. Joe Paprocki's blog that features practical tips and resources on sharing the gift of the Catholic faith.

[eCatechist](#)

eCatechist.com is a blog from Dan Pierson, that provides ideas, inspiration, and learning resources for catechists, parish catechetical leaders, and parents.

[TeamRCIA](#)

TeamRCIA.com is a free online resource for Catholic parishes and dioceses that want to form Christians for life. Offers a variety of online and in-person training for church ministers and volunteers, through webinars, e-mail courses, downloads, discussion forums, and training events led by experts in the field of initiation ministry.

[Teaching Catholic Kids](#)

Teaching Catholic Kids is a valuable tool for parents, teachers and catechists. Free downloadable activities and teacher resources are updated each month and made available from the best of Our Sunday Visitor books, workbooks and writers.

[Vibrant Faith at Home](#)

Vibrant Faith @ Home supports Christian leaders and families who are intentional about their faith and religious practice as they raise the next generation of committed Christians.

[Word On Fire](#)

Word on Fire Catholic Ministries is a nonprofit global media apostolate that supports the work of Father Robert Barron and reaches millions of people to draw them into- or back to- the Catholic faith. Word on Fire is evangelical; it proclaims Jesus Christ as the source of conversion and new life. Word on Fire is Catholic; it utilizes the tremendous resources of the Roman Catholic tradition-art, architecture, poetry, philosophy, theology, and the lives of the saints- in order to explain and interpret the event of Jesus Christ.

Stay Connected



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