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THE  
W H E T S T O N E  
2019-2020

CONTINUING FORMATION OF CLERGY

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ARCHDIOCESE *of* SEATTLE



Jesus, himself eternally young, wants to give us hearts that are ever young. God’s word asks us to “cast out the old leaven that you may be fresh dough 1 COR 5:7. Saint Paul invites us to strip ourselves of the “old self” and to put on a “young” self COL 3:9–10. In explaining what it means to put on that youthfulness “which is being renewed,” he mentions “compassion, kindness, humility, meekness and patience, bearing with one another and forgiving each other if anyone has a complaint against another” COL 3:12–13. In a word, true youth means having a heart capable of loving, whereas everything that separates us from others makes the soul grow old. And so he concludes: “Above all, clothe yourselves with love, which binds everything together in perfect harmony” COL 3:14.

— Pope Francis

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# THE WHETSTONE 2019-2020

CONTINUING FORMATION OF CLERGY

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[www.seattlearchdiocese.org/OVC/Whetstone.aspx](http://www.seattlearchdiocese.org/OVC/Whetstone.aspx)

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ARCHDIOCESE *of* SEATTLE

## PRIEST AND DEACON ANNUAL EVENTS

### DEACON CONVOCATION (5 CFUs)

Each deacon and deacon spouse is expected to attend the annual convocation. The cost of the convocation, for both deacon and spouse, is to be covered by the deacon's source of salary. In the case of deacons with senior status, costs are covered by the Archbishop according to the annual notification, through the Office of the Vicar for Clergy.

**Date:** October 4–6, 2019

**Speaker:** Audrey Baedke, R.E.S.T.

**Location:** Ocean Shores Convention Center (Real Escape from the Sex Trade)

### ANNUAL RETREAT FOR PRIESTS (3 CFUs)

As part of his responsibility for spiritual formation, each priest is required to make an annual retreat of up to five days. To assist him, the Archdiocese of Seattle offers an annual retreat for priests. The cost of the retreat is to be covered by the priest's source of salary. In the case of priests with senior status, costs are covered by the Archbishop according to the annual notification, through the Office of the Vicar for Clergy.

**Date:** January 13–17, 2020

**Speaker:** TBD

**Location:** Archbishop Brunett Retreat Center at the Palisades

### ANNUAL LENTEN RETREAT FOR DEACONS (2 CFUs)

Each deacon and deacon spouse is expected to make the annual retreat for deacons. The cost of the retreat, for both deacon and his spouse, is to be covered by the deacon's source of salary. In the case of deacons with senior status, costs are covered by the Archbishop according to the annual notification, through the Office of the Vicar for Clergy.

**Date:** March 13–15, 2020

**Speaker:** TBD

**Location:** Archbishop Brunett Retreat Center at the Palisades

### PRIEST DAYS (5 CFUs)

All priests of the Archdiocese are invited to and expected to attend Priest Days, for refreshment, fraternity and formation. The cost of Priest Days is to be covered by the priest's source of salary. In the case of priests with senior status, costs are covered by the Archbishop according to the annual notification, through the Office of the Vicar for Clergy.

**Date:** June 21–25, 2020

**Speaker:** Father John Riccardo

**Location:** Ocean Shores Convention Center

### WELLNESS CHECK AT PRIEST DAYS (1 CFU)

Caring for one's health is an integral part of ongoing human formation. Clinicians from Quest Diagnostics, in partnership with the Benefits Services Office and the Office of the Vicar for Clergy will perform the blood draw and assessment during several windows of time during Priest Days. Those who also participate in the free hearing screen should claim 1 CFU.

## NEW PRIEST PROGRAMS

### NEWLY ARRIVED INTERNATIONAL PRIESTS (5 CFUs)

During the first two years upon arrival, newly arrived international priests are expected to attend several sessions of formation, fraternity, enculturation, training, and orientation to the policies and procedures of the Archdiocese of Seattle.

**Date:** September 25–27, 2019; November 20–22, 2019

**Location:** Archbishop Brunett Retreat Center at the Palisades

### DAYS OF REFLECTION WITH THE ARCHBISHOP: FIRST FIVE YEARS OF ORDINATION

Priests in the first five years of ordination are invited to spend some time away with the Archbishop and their brother priests for fraternity, reflection, spiritual insight, prayer, and renewal.

**Date:** October 24–25, 2019

**Location:** Archbishop Brunett Retreat Center at the Palisades

### NEW PASTOR/PRIEST ADMINISTRATOR

Priests assigned as pastor or priest administrator for the first time are expected to attend a three day session of formation, fraternity, training, and orientation to the policies and procedures of the Archdiocese of Seattle.

**Date:** November 5–8, 2019

**Location:** Archbishop Brunett Retreat Center at the Palisades

### DAYS OF REFLECTION WITH THE ARCHBISHOP: YEARS 6-20 SINCE ORDINATION

Priests between 6 and 20 years since their ordination are invited to spend some time away with the Archbishop and their brother priests for fraternity, reflection, spiritual insight, prayer, and renewal.

**Date:** TBD

**Location:** Archbishop Brunett Retreat Center at the Palisades

### NEWLY ORDAINED MENTORING

The primary emphasis for continuing formation of the newly ordained is the strengthening of priestly life through mentoring. In addition to the mentoring of their supervising priest at the place of assignment, these mentoring sessions are led by an experienced pastor, and offer the priest in his first and second year since ordination a monthly opportunity to come together with their brother priests in their class, reflect on the life of a priest, and better understand the practical realities of priestly life and parish ministry.

## ADDITIONAL OFFERINGS AND FIELD STUDY

### **R.E.S.T.—REAL ESCAPE FROM SEX TRADE (FIELD STUDY) TRAINING DAY (1–5 CFUs)**

Contact Deacon Frank DiGirolamo, Office of the Vicar for Clergy,  
(206) 382-1477 for dates/times.

### **NIGHTWATCH (FIELD STUDY) TRAINING DAY (1–5 CFUs)**

Contact Deacon Frank DiGirolamo, Office of the Vicar for Clergy,  
(206) 382-1477 for dates/times.

### **PROJECT RACHEL (FIELD STUDY) TRAINING DAY (1–5 CFUs)**

Contact Nick Schoen, Office of the Vicar for Clergy,  
(206) 382-2060 for dates/times.

### **MENTAL HEALTH FIRST AID (1–5 CFUs)**

Contact Leigh Stringfellow, Office of the Vicar for Clergy,  
(206) 382-4236 for dates/times.

### **ENCOUNTER MINISTRIES (1 CFU)**

Come be inspired for the New Evangelization! Through imparting and activating the spiritual gifts you too can be empowered to evangelize and do the supernatural works of Jesus in your life.

**Date:** June 27, 2019

**Location:** St. Pius X Church, Mountlake Terrace

### **CLERGY TRAINING INTENSIVES: INTEGRITY RESTORED (4 CFUs)**

In-depth training providing education from both theological and psychological perspectives on effects of pornography. Priests are given a crash course in theological anthropology, science of addiction, relationships, and the different levels of intervention.

**Date:** July 15–18, 2019, Melbourne, KY; July 22–25, 2019;

August 26–29, 2019, Waverly, NE;

**Details:** <https://integrityrestored.com/events/list/>

### **JOHN PAUL II HEALING CENTER—HOLY DESIRE: PRIEST DAY OF REFLECTION (1 CFU)**

The mission of the JPII Healing Center is to promote and inspire transformation in the heart of the Church by equipping and healing God's people for the New Evangelization. Exploring the deep desires of the masculine heart, this teaching is truly transformational. You'll come to understand how disordered desires are rooted in underlying holy desires, unmet needs, and tied to our false identities; heal the underlying wounds; and engage productively in the battle of desires, in order to find true fulfillment.

**Date:** July 31, 2019

**Location:** Holy Cross, Tacoma

**Details:** <https://jpriihealingcenter.org/events/holy-desire-the-path-to-freedom-day-of-reflection-for-priests-seattle-wa/>

## ADDITIONAL OFFERINGS AND FIELD STUDY

### MARYKNOLL ADVANCED MISSIONARY DISCIPLESHIP FORMATION (5 CFUs)

Gather at Maryknoll's retreat center to spend a week focused on an important topic for our U.S. culture and Church: "Building Bridges in a Polarized World."

**Date:** August 5–9, 2019

**Location:** Los Altos, CA

**Details:** <https://www.maryknoll.us/home/resources/advanced-mission-education-training-program>

### PREACHING THE LECTIONARY (2 CFUs)

**Cycle A: The Gospel of Matthew.**

**Speaker:** Bishop Daniel Mueggenborg

**2019 Dates:** September 13: Holy Cross, Tacoma

September 19: Immaculate Conception, Mt. Vernon (12:30–3:30 PM)

November 1: St. Andrew Kim, Seattle

November 8: St. Rose de Viterbo, Longview

**Time:** 1:00 PM–4:00 PM

### CHALLENGES FOR CONTEMPORARY PRIESTLY MINISTRY RETREAT (5 CFUs)

The Gospel of Luke.

**Speakers:** Father Eugene Hensell, OSB

**Date:** October 14–18, 2019

**Location:** St. Meinrad Archabbey Guest House and Retreat Center

More information: [www.saintmeinrad.org/retreats/](http://www.saintmeinrad.org/retreats/)

### MARYKNOLL CENTRAL AMERICAN PILGRIMAGE RETREAT (5 CFUs)

Join fellow Catholic clergy as you walk in the footsteps of St. Romero and other 20th Century Christian martyrs in Central America. Hear eyewitness testimony as you explore the many issues that led to their martyrdom.

**Date:** January 13–24, 2020

**Details:** <https://maryknollmissiontrips.org/annual-pilgrimage-retreat-central-america/>

## PLEASE RESERVE THE FOLLOWING DATES:

### CHRISM MASS

A priest will renew his priestly promises each year at the Chrism Mass.

**Date:** April 2, 2020

**Location:** St. James Cathedral

**Time:** 7:00 PM

### ORDINATION TO PRIESTHOOD

**Date:** June 6, 2020

**Location:** St. James Cathedral

**Time:** 10:00 AM

## REGIONAL AND NATIONAL CONFERENCES

### **NATIONAL DIACONATE INSTITUTE FOR CONTINUING EDUCATION (4 CFUs)**

**Date:** July 21–24, 2019

**Location:** Xavier University, Cincinnati, OH

**Contact:** [hankndice@msn.com](mailto:hankndice@msn.com)

### **INTERNATIONAL CATHOLIC STEWARDSHIP CONFERENCE (4 CFUs)**

**Date:** October 6–9, 2019

**Location:** Sheraton Grand Hotel, Chicago, IL

**Contact:** <http://catholicstewardship.com/events/icsc-annual-conference/>

### **AMAZING PARISH CONFERENCE (4 CFUs)**

**Date:** October 28–31, 2019

**Location:** Anaheim, CA

**Contact:** <https://amazingparish.org/>

### **ST. PAUL CENTER WEST COAST PRIEST CONFERENCE (4 CFUs)**

**Date:** January 6–9, 2020

**Location:** Estancia Resort and Spa, La Jolla, CA

**Contact:** <http://stpaulcenter.com/priests/>

### **LOS ANGELES RELIGIOUS EDUCATION CONGRESS (3 CFUs)**

**Dates:** February 21–23, 2020

**Location:** Anaheim Convention Center

**Contact:** <http://www.recongress.org/2020/>

### **NATIONAL CATHOLIC EDUCATION ASSOCIATION—ANNUAL CONVENTION (3 CFUs)**

**Dates:** April 14–16, 2020

**Location:** Baltimore Convention Center

**Contact:** <https://www.ncea.org/>





## **POLICIES AND PROCEDURES**

### **REQUIREMENTS FOR CONTINUING FORMATION**

Priests and deacons under the age of 65 and in an assignment from the Archdiocese of Seattle are expected to complete at least 45 Continuing Formation Units in the course of three years; priests and deacons over 65 are expected to complete 30 Continuing Formation Units in the course of three years. Priests and deacons who have achieved senior status are exempt from the expectation but are encouraged to continue their continuing formation as a significant means of personal development. A year is calculated from July 1<sup>st</sup> to the following June 30<sup>th</sup> in accordance with assignment dates.

### **CONTINUING FORMATION UNITS**

Events or programs are assigned a certain number of continuing formation units (CFUs). Courses taken for audit or for academic credit receive 5 CFUs with a maximum of 15 CFUs per year. Special seminars for clergy whether coordinated by the Archdiocese or self-directed receive 1 CFU for each hour that the seminar meets for a maximum of 5 CFUs. Half-day workshops receive 2 CFUs; full-day workshops, conventions/conferences receive a maximum of 5 CFUs. Self-directed studies that result in sabbatical projects of use to the parish receive 5 CFUs. The following projects/programs fulfill the continuing formation requirement for the year (15 CFUs); 1) a language immersion program (5 CFUs), New Priest Program (5 CFUs) and a field study (5 CFUs).

### **CRITERIA FOR CONTINUING FORMATION**

To qualify as continuing formation, a program or event should be accounted for publicly and develop the priest's or deacon's formation in one or more of the four pillars; human, intellectual, pastoral, and spiritual.

Participation in events which are part of one's pastoral duties—including prayer services and retreats with parish staff—do not qualify as continuing formation. Rather, in the spirit of the Gospel, events and programs should be in a “place apart” where there is refreshment, prayerful discernment, and reflection outside of the pressing context of ministry.

Study/research that result in a substantial project of use to a parish, such as a catechism or new design for a youth program or curriculum for RCIA are strongly encouraged and should be claimed as continuing formation.

### **CONTINUING FORMATION FUNDS**

All priests and deacons are entitled to a stipend for continuing formation, provided by the place of assignment, if they are assigned by the Archdiocese of Seattle to work on July 1st of a given year. Priests are entitled to \$700, deacons to \$500.

Funds may be used to purchase books or periodicals, to attend classes or professional conferences, or workshops, which relate to ministerial responsibilities, or to travel abroad.

## **POLICIES AND PROCEDURES**

Continuing formation Funds should not be used to pay for the Annual Retreat for Priests, the Annual Retreat for Deacons, or for expenses associated with Priest Days, or the Deacon Convocation which are already paid for by the source of salary(priests)/place of assignment(deacons) or for workshops and seminars in which parish staff are expected to participate.

Finally, Continuing formation Funds are not to be used for personal vacations or to purchase hardware for computers, laptops or devices. However, funds may be used to purchase software programs that support ministry.

### **UNUSED BALANCE**

Unused funds may be claimed at any time for purposes relating to continuing formation, such as travel to conferences and sabbatical experiences, by contacting the Office of the Vicar for Clergy. Funds are not transferable and are lost when a priest/deacon leaves the Archdiocese.

### **PRIESTS**

When the fiscal year ends (June 30) any unused portion of the priest's Continuing Formation Funds will be remitted by the source of salary to the Office of the Vicar for Clergy to be deposited into a separate bank account. The maximum amount that may be accumulated is \$3,500 for each priest. A statement of the account balance will be provided to each priest by the Office of the Vicar for Clergy upon request.

### **DEACONS**

When the fiscal year ends (June 30), any unused portion of the deacon's Continuing Formation Funds will be remitted to the Office of the Vicar for Clergy to be deposited into a separate bank account. The maximum amount that may be accumulated is \$2,500 for each deacon. A statement of the account balance will be provided to each deacon by the Office of the Vicar for Clergy upon request.

### **SPECIAL PROVISIONS AND APPEALS**

At his discretion, the Archbishop may grant a priest or deacon extended time for study and renewal which shall not be considered either an administrative leave or a sabbatical. The Archbishop will ask the Vicar for Clergy to assign an appropriate number of CFUs for the program he has authorized. The Advisory Board advises the Vicar for Clergy concerning all appeals to the policies of continuing formation.

### **RECOMMENDATIONS FOR SPEAKERS/PROGRAMS**

Clergy are invited to suggest speakers or programs at any time to the Office of the Vicar for Clergy. A request for suggestions is also included in the priest's or deacon's annual report.

### **ADVISORY BOARD**

The Continuing Formation Board is composed of priests, deacons, deacon spouses, lay people with expertise in theology, and Office of the Vicar for Clergy staff.

## CONTINUING FORMATION UNITS

You may find this chart helpful when drawing up your Personal Report. It synthesizes the policies and guidelines for claiming Continuing Formation Units (CFUs). For events not mentioned in *The Whetstone*, please apply the units you believe are equivalent to those covered by policy.

EVENTS	CFUs
Academic Courses (for audit or credit)	5 per class up to 15 total
Academic Courses (online)	5 per class up to 5 total
Conferences (regional, national)	5
Deacon Convocation	5
Deacon Retreat	2
Field Study	5
Language Programs (immersion for at least two months)	15
Lecture	1
Missal Romano	2
Newly Arrived International Priest	5 per session up to 15 total
New Priest Program	15
Personal Retreat	1 per day up to 3 total
Pilgrimage/Retreat in Central America	5
Preaching the Lectionary	2
Priest Days	5
Priest Retreat	3
Reading	2 per book/tape up to 6 total
Retreat Pilgrimage	5
Sabbatical	15
Self Directed Study (with product)	5
Sustaining Pastoral Excellence- School of Theology/Ministry	15
Wellness Check- Priest Days	1
Workshop—half day	2
Workshop—full day	4
Any of the above with your Jesus Caritas Group	1

## PRIEST VACATION POLICY

Pastors, parochial vicars and other priests with full-time archdiocesan assignments may take up to thirty days of vacation per year. This may be continuous however it may not include more than four weekends. The priest is responsible for ensuring that coverage is provided in his parish/place of assignment. Communion services are not replacements of regularly scheduled Sunday or Saturday vigil Mass. Contact the Office of the Vicar for Clergy if assistance is needed.

### FOR MORE INFORMATION

For more information on sabbaticals and continuing formation opportunities please go to [www.seattlearchdiocese.org/OVC/whetstone.aspx](http://www.seattlearchdiocese.org/OVC/whetstone.aspx)



## PERSONAL REPORT FORM-PLEASE MAIL BY JULY 1, 2020

Detach the form along the perforation and fill out both sides. Mail or scan and email to the Office of the Vicar for Clergy personnel by July 1, 2020.

Name (please print): \_\_\_\_\_

*“To qualify as continuing formation, a program or event should be accounted for publicly and develop the priest’s or deacon’s formation in one or more of the four pillars; human, intellectual, pastoral, and spiritual.”*

### PART ONE: EVENTS

Please list the events that contributed to your continuing formation and the applicable Continuing Formation Units (CFUs), as listed in *The Whetstone*. When claiming events not listed in *The Whetstone*, please apply the analogous number of CFUs. After each event, in one sentence say how this contributed to your continuing formation.

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

Event: \_\_\_\_\_ Date(s): \_\_\_\_\_ CFUs \_\_\_\_\_

How benefited: \_\_\_\_\_

## PERSONAL REPORT FORM-PLEASE MAIL BY JULY 1, 2020

### PART TWO: BOOK/TAPE/SELF-DIRECTED STUDY/FIELD STUDY TRAINING DAY

Please list the books, taped programs or web-based courses that contributed to your continuing formation. You may claim up to a maximum of 6 CFUs in this category, 2 for each book or taped program, 5 for a web-based course, 5 for field study. After each listing, in one sentence say how this contributed to your continuing formation.

Title: \_\_\_\_\_ Author: \_\_\_\_\_ CFUs: \_\_\_\_\_

Website Address (if applicable): \_\_\_\_\_

How benefited: \_\_\_\_\_

Title: \_\_\_\_\_ Author: \_\_\_\_\_ CFUs: \_\_\_\_\_

Website Address (if applicable): \_\_\_\_\_

How benefited: \_\_\_\_\_

Title: \_\_\_\_\_ Author: \_\_\_\_\_ CFUs: \_\_\_\_\_

Website Address (if applicable): \_\_\_\_\_

How benefited: \_\_\_\_\_



**PART THREE**

If applicable, please indicate any exceptional circumstances that prevented you from completing 15 CFUs.

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**PART FOUR**

We welcome your evaluation of the events you attended or any other aspect of your continuing formation experiences. Your comments have informed past recommendations to the Board and publication in *The Whetstone*. They will be read by members of the Advisory Board and used to plan the program for next year.

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**PART FIVE**

I am claiming the following total CFUs as my Continuing Formation for July 1, 2019 to June 30, 2020.

Total CFUs: \_\_\_\_\_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Please mail this form to:**  
Archdiocese of Seattle  
Office of the Vicar for Clergy  
710 9th Ave  
Seattle, WA. 98104

**or scan and email the form to:**  
*jana@seattlearch.org*

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**OFFICIAL USE ONLY**

Total CFUs: \_\_\_\_\_

Reviewed by: \_\_\_\_\_

Vicar for Clergy name: \_\_\_\_\_

Vicar for Clergy signature: \_\_\_\_\_

Date: \_\_\_\_\_



When we neglect to proclaim the name of Jesus in our homilies, we risk reducing the Word of God to a mere point of view, a helpful bit of advice, or political commentary. That could be because we have prepared hurriedly—or not at all—and that we have not given ourselves the opportunity to encounter the Word in Person, or that our own trust in the Word is hesitant and puny. We risk depriving our people of the truth of the Son of God because we have not allowed ourselves to be enlightened and challenged by him. But in the Word we proclaim and preach, the Word himself is speaking to his beloved, and they deserve to hear it in its fullness and to know that it is Jesus, God’s own son.”

—Archbishop J. Peter Sartain



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Office of the Vicar for Clergy

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