

"WE REMEMBER THEM"

Reform Jewish Prayerbook
from Gates of Prayer

In the rising of the sun and in its going down,
we remember them.

In the blowing of the wind and in the chill of winter,
we remember them.

In the opening of buds and in the rebirth of spring,
we remember them.

In the blueness of the sky and in the warmth of summer,
we remember them.

In the rustling of leaves and in the beauty of autumn,
we remember them.

In the beginning of the year and when it ends,
we remember them.

When we are weary and in need of strength,
we remember them.

When we are lost and sick at heart,
we remember them.

When we have joys we yearn to share,
we remember them.

So long as we live, they too shall live,
for they are now a part of us,
as we remember them.

Healing Prayer For Those in Grief

God, do not let my feelings
overwhelm me.

During moments of anguish
touch my heart with courage,
my soul with your compassion
and with your love comfort me.

Despite my pain let me know
healing is occurring.

Let me hear often that you
are always with me.

God, today is different, I am
faced with many changes.

Help me to know

I am not powerless
and that I am surviving.

Give me hope for tomorrow.

Let me believe in myself and
allow others to comfort me.

Amen.

“We Gather”

We gather together today to be with one another on our journey through grief and our climb to hope.

We come together knowing that we are not alone in our struggles and we believe we will not be left empty in our search for renewed life.

We gather today with questions still in our hearts, with mysteries still in our souls.

Wherever our journey began we continue as pilgrims after the truth, wherever it will lead us.

We join in this hours, preparing to find strength for the living of all our days.

We come believing that in letting go we can somehow gain, in sharing our weakness we can somehow grow stronger, in remembering our past we can find our way into our future, and in sharing our love we can be confident it will never end.

~Anonymous~